

The INSIDER

For Wynmoor Residents

VOL. 2, NO. 9

SEPTEMBER 2018

A Look At The "NEW" 19th Hole Restaurant

Ry Insider Staf



WOW! The renovation of the 19th Hole Restaurant is in full swing. The demolition is complete, the process of hiring a contractor has begun as well as choosing a restaurant vendor. The photo above is a rendition of what the restaurant should look like when it is finished. A new and enhanced music system has been installed at the Cove area for your listening and dancing pleasure.

Along with the 19th Hole remodeling, Wynmoor plans on renovating the men's and ladies' restrooms in that area. As always, the Paint and Landscaping Depts. continue to keep the community looking it's best. Wynmoor thanks you for your patience during these renovation periods.

WARNING... Stop Being A Victim!

By Scotty Leamon

WARNING!!! RECENT scam regarding "bank cards" is running rampant and a number of victims have been Wynmoor residents!

PLEASE...NEVER give personal information to anyone over the phone. **NEVER!** Your bank, your credit card company...**NO "LEGITIMATE"** financial institution will ever ask you for personal information over the phone.

We know this scam has gone so far as to have a bank "representative" come to your door to retrieve your "compromised" card, promising to return with a new card shortly or send one in the mail. If you have not personally called in your guest or vendor, **DO NOT OPEN YOUR DOOR!!**

PLEASE BE ASSURED THAT OUR SECU-RITY GATE OFFICERS are working diligently to determine how these con artists are entering our community. Our guards will **NEVER** allow unauthorized individuals through the gate and so the situation is perplexing.

Through much analysis and investigation, we must consider the possibility the perpetrators have a connection from within our community. Although this is a disturbing theory, it clarifies the previous statement; "DO NOT OPEN YOUR DOOR" unless the individual(s) is personally known to you.

All Wynmoor staff members are required to have official Wynmoor ID clearly visible on their person.

Security will continue their vigilance and will not relax until such time as these criminals are caught and in custody.

Sadly, in today's times one scam is often replaced by another. **DON'TALLOW YOURSELF TO BE SCAMMED!!** We can't stress this to you enough. "NEVER GIVE ANYONE PERSONAL INFORMATION OVER THE PHONE"

"NEVER OPEN YOUR DOOR TO AN UNVITED INDIVIDUAL"

"ALWAYS CALL SECURITY IF AN UNINVITED INDIVIDUAL KNOCKS ON YOUR DOOR"

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AND
"IF YOU SEE SOMETHING
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UNDER CONTRAC	T	#BR	LIST PRICE
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1703 Andros • E1		2	\$124,000
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4701 Martinique • Water/Go	olf View	's 2	\$92,000

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SEASONAL - 2/2

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Published monthly by **The INSIDER**, distributed free to Wynmoor Village, Coconut Creek, FL 33066 and the surrounding area. Materials submitted for publication may be placed in the box reserved for **The INSIDER** located in the Business Center, Wynmoor Clubhouse. The deadline for written articles, letters and classified ads is 12:00 Noon, on the 10th day of each month, preceding an issue.

We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or **legibly** printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of **The INSIDER** and will not be returned. The Insider is not responsible, and assumes no liability for the content expressed in any contributed material.

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GRAPHIC DESIGN

Copy Design Group wynmoorads@aol.com

For Display Advertising

Telephone: 9:00 AM-5:00 PM MONDAY-FRIDAY

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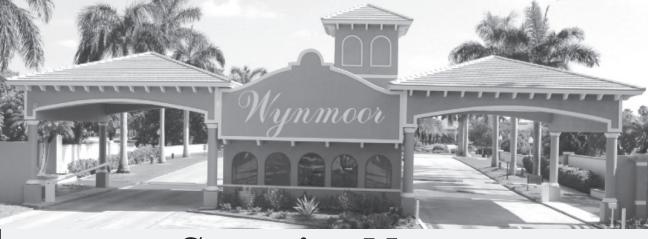
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Security News

Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

In Case Of Emergency 9-1-1

In each unit, there is a button for emergencies. When this button is pushed, it is supposed to notify the guard gate that there is an emergency.

However, due to equipment problems and the age of the equipment located in each unit, the system is not working properly. Therefore, if you experience an emergency, you need to call 911. Do not rely or use the button in your unit.

Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guest has I.D. ready when approaching the gate for proper verification. Make sure your guest has the NAME and ADDRESS of the resident they are visiting.

Important Numbers

Hours of Operation

 Administration/Pool/BBQ:
 5:00 AM - 10:00 PM

 Fitness Center:
 5:00 AM - 10:00 PM

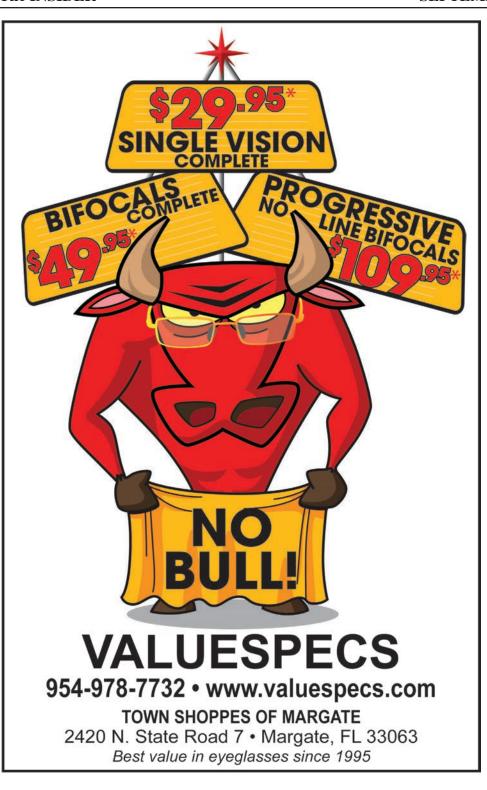
 Country Club:
 8:00 AM - 12:00 Midnight

 Racquet Center:
 6:00 AM - 11:00 PM

 Theatre Complex:
 7:00 AM - 11:00 PM (unless there is a specific approved event)



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The Butler Did It!

By Nancy Lee Schwartz

Ah yes - He has adopted me as his beloved grandmother, whose only mission in this world is to make sure he's content, well fed, and brushed several times daily to remove *excess* hair, of which he has a seemingly endless supply!!!! And his name is BUTLER! Make that "Butler Schwartz" now.

A while ago, my neighbor casually mentioned he had become allergic - VERY - to cat hair and planned to take Butler back to the Humane Society, from whence he had come 4 years before. I gasped. "NO! -We'll take him!" while my Larry's eyes popped. He no more wanted a cat than he wanted leftovers for dinner. But Larry, being Larry said, "I could see you really wanted him, and I wouldn't want you to feel bad." This man is a saint. After 15 years of wedded bliss with me, he's earned his halo and then some!

Ok - So I got Butler, his food, his porta-pot, stuff to put in the porta-pot so it doesn't smell, no kidding, it's amazing what a job that does! And Butler! For the first two days, we couldn't find him. He hid all day and ate at night. Then one afternoon, HE REMEMBERED ME.

A couple of years back when my neighbor was away, I had gone over to his apartment daily to feed his dog, the most delightful little ball of white fluff you ever saw and take him out and feed the cat. I'd sit on the couch with the puppy and cat and sing "Rock-a-bye Baby" to them. The pup would cuddle, and the cat would purr like mad and walk around and around my neck. This happened a couple of times a day.

Now, all the neighbors loved the puppy and would take him to their apartments to play a while. I felt bad for Butler, so I said, "it's not fair. The pup gets to go visit but no one takes you. C'mon. I'm gonna take you to my apartment." So, I grabbed a couple of his "treats" and toys and brought him next door to my apartment. I didn't know at the time that *cats do not like*

being taken out of their environment, BIG TIME, they don't like it. So, Butler made a bee line for behind an arm chair and refused to come out. No end of coaxing would convince him. Finally, another neighbor came in. She knows about cats. I lifted the chair, she held it up, I grabbed the cat and brought him home. I sat with him on the couch, and sang to him and like always, he purred and went round and round my neck, and then, HE BIT ME!!!

I said, "that's OK, Butler. Grandma deserved that!"

So, back to the present, after all this time, Butler suddenly remembered I was his Grandma!!! Believe it or not, he came out of hiding and played with me purring, the works! I was so happy.

However, Butler has taken things a bit further (as in out of control). At 5:30 AM or 6:00 AM, he decides he's hungry and comes into the bedroom (the blasted door doesn't click and he can push it open.) He says, "Meow." then, "MEOW" AND THEN, "MEOW!"

Of course, that does it. I hop up so he won't wake Larry, and off we go to get his breakfast. If I try to go back to bed, he's upset and follows me. He wants me there when he eats! I believe I have created a monster.

But what am I gonna do? He's my little monster, and I love him to pieces!

Our First Car

By Lil Miller

In the forty's, my husband was a mechanical engineer, designing fire trucks for American La France. The pay was small for a new recruit, with a new family on the way.

We could not afford a car at that time, so my husband went to work for a friend in his car junk yard on weekends. He was able to find a runnable

Continued on page 10

Freedom From Bladder Problems

Hi!!! My name is Evette Weiss, I use to wake up 2 or 3 times a night to go to the bathroom. After treatments from Dr. Herman, I now sleep 7 or 8 hours per night without waking up to go to the bathroom. I had been leaking urine when I laughed, coughed or sneezed, but I no longer suffer from this problem. My goal is to help other men and women who may suffer from this embarrassing situation.

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How Can You Help Your Kids Pay For College?

It's still summer, but we're getting close to a new school year. One day, though, "back-to-school" will mean "off to college" for your children. Will you be financially prepared to help your kids cope with the costs of higher education?

Your first step, of course, is to know what you're up against, so here are some numbers: For the 2017-18 academic year, college costs (tuition, fees, room and board) were, on average, nearly \$21,000 for in-state students at four-year, public schools and nearly \$47,000 for students attending private colleges or universities, according to the College Board. And you can probably expect even bigger price tags in the years to come.

To help prepare for these costs, you might want to consider putting your money in a vehicle specifically designed to help build assets for college, such as a 529 education savings plan. All withdrawals from 529 plans are free from federal income taxes as long as the beneficiary you've named uses the money for qualified college, trade school or graduate school expenses. Withdrawals for expenses other than qualified education expenditures may be subject to federal, state and penalty taxes on the earnings portion of your plan. (However, tax issues for 529 savings plans can be complex, so please consult your tax advisor before investing.)

You can generally invest in the 529 savings plan offered by any state, but if you invest in your own state's plan, you may be able to claim a tax deduction or receive a tax credit.

By starting your 529 plan early, when your children are just a few years old, the investments within the plan have more time for potential growth. Plus, you can make smaller contributions each year, rather than come up with big lump sums later on.

A 529 plan is not the only education-savings tool you can use, but it has proven effective for many people. Yet you may also want to consider ways to keep college costs down in the first place.

For one thing, your children may be eligible for various forms of financial aid. Some types of aid depend on your family's income, but others, such as merit-based scholarships, are open to everyone. But you don't have to wait until you get an offer from a school's financial aid office – you can explore some opportunities on your own. For example, many local and national civic and religious groups offer scholarships to promising young people, and your own employer may even provide some types of grants or assistance. Plus, your state also may offer other benefits, such as financial aid or scholarship funds. It can certainly take some digging to find these funding sources, but the effort can be worthwhile.

Here's another option for reducing college costs: Consider sending your child to a local community college for two years to get many of the "general" requirements out of the way before transferring to a four-year school for a bachelor's degree. Community colleges are typically quite affordable, and many of them offer high-quality programs.

A college degree is costly, but many people feel it's still a great investment in their children's future. And by taking the appropriate steps, you can help launch that investment.

See add on page 14.

If your walls could talk, they'd thank you.



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Wynmoor Wins More!

By Bob Horowitz

The Wynmoor pool team, representing us in the SFSL in the A division, is in first place with a 10-3 record as of August 8, 2018.

Tied for second place, are Cascade Lakes and Century Village, Boca at 7-6. With two more games to go, the Wynmoor team has locked up first place! The Summer league is 15 matches ending in August.

There are six communities that have teams in the SFSPL A Division; Cascade Lakes, Valencia Palms, Venetian Isles, Lakes of Delray Banyan, Bellagio, Avalon Estates, Huntington Pointe, and Century Village Boca.

Teams play on Monday nights, rotating locations among the communities. 3 tables are used by teams of two. Wynmoor Administration reciprocates with the league by allowing visiting teams to come to Wynmoor as our guests. Visiting teams are 6 to 8 players.

To join our Winter league, where Wynmoor fields two teams, contact the Ralph Rubin at: wynmoorpoolclub@gmail.com



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engine with all the car parts stripped off! Little by little, each weekend, he would bring home fenders, a hood, lights, rims etc, etc, all piled in our yard! We were living in fear of being evicted from our home.

Then, he and his buddy started putting it together. It was not too bad, was running well. Then, they gave me what I thought was the hardest job of the whole creation. Upholstering the inside! I bought fabric, something like monk's cloth; it had too much stretch to it. It took lots of brass head tacks to hold it together. It was pretty cool looking! Beige and brass look, sort of polka dot looking. It mainly had Plymouth parts! So, we called it our new Plymouth! All was well 'till we painted it black, then it became an eye sore! It took hard work and time and in short time, the upholstering started to sag, giving it a loopy look!

It would have been easier and less time to have left the old rusty metal! But, all in all, it only cost us fifty dollars! Not a bad investment for those times.

How To Survive An Unwinnable Dilemma

By Lawrence E. Correia

In the early spring of 1965, I was stationed at Griffiss AFB in upper state New York, as a member of the Public Information Office. We had as our department officer a Lt. C...., who was new to the position, felt the need to exert his authority. Guess what? Since I was low man on the Totem Pole, I became the subject in which he would exert his authority. He noticed that I was wearing my winter blue uniform and told me that I had to wear my Summer blues the next day. I told him that my Summer blues were being tailored to fit me because I lost 30 pounds during basic training. He refused to listen to what I had said. He stated that if I were not in Summer blues the next day, I would be charged with insubordination and if I did not come to work, I would be listed as being AWOL (Absent Without Official Leave).

What a dilemma, I was between a rock and a hard place with nowhere to turn. During lunch, a fellow airman advised me to check with the Judge

Advocates Office to check out the rules governing proper uniforms. I went to the Judge Advocates office and found out that my Winter uniform was an all-season uniform that I could wear. What a relief.

The next day, I heard that Lt. C.... was raked over the coals for not knowing the proper dress codes but more importantly for backing an enlisted airman into a corner with no possible way to meet your demands. You must always give them a way out to meet your demands and to instill respect in both the demand and in the officer giving them.

When the Lieutenant returned to the office, he looked at me with cold eyes and said, "today is yours but tomorrow will be mine." True to his word, Lt. C...... assigned me to every dirty detail he could find for me to do and still demanded that I meet all my official office duties and on time. Now, I could complain and whine about what was happening, or I could lean on some lessons my father had taught me.

My father had once told me that when I am faced with a difficult task or situation, I should turn it into a game and make it a pleasant experience, and by God, it worked. After a while, some of the other officers began to realize that I was singled out by the lieutenant for all these details. Whether they knew the reason for all the details or not, I never learned. Whenever I completed one of these details, I would always smile like I was having a good time, which I was, and the lieutenant kept shaking his head in confusion.

Six months later, the lieutenant was given orders to be shipped overseas and on his last day in the office, he called me over and said, "I have tried my best to reach you but somehow I have failed." I said I was sorry for not being wise enough to learn his lesson.

What he didn't realize was that I knew his lesson by heart. You see, he was an officer and a gentleman, by an act of congress, while I was merely an enlisted airman who had to bow down to his exalted position. In a pig's eye, will I ever do that, I will always work with an officer who respects his subordinates and utilizes their skills and talents for the good of the team. I have been very fortunate that most of the officers I have served were well respected and an honor to work with.

RESIDENTS

We no longer have permanent guest lists.

Be sure to update and submit your Emergency Contacts (limit 3) to Association Affairs. 954-978-2600 Ext. 342



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On Your Feet!

January 2019 at The Kravis Center Est. Ticket Price: \$56

From their humble beginnings in Cuba, Emilio and Gloria Estefan came to America and broke through all barriers to become a crossover sensation at the very top of the pop music world. But just when they thought they had it all, they almost lost everything. Inside this real story of this record-making and groundbreaking couple who, in the face of adversity, found a way to end up on their feet.

Les Miserables

February 2019 at Adrienne Arsht Est. Ticket Price: \$120

Set against the backdrop of 19th-century France, Les Misérables tells an enthralling story of broken dreams and unrequited love, passion, sacrifice and redemption – a timeless testament to the survival of the human spirit. This epic and uplifting story has become one of the most celebrated musicals in theatrical history.





Dear Evan Hansen

March 2019 at The Broward Center Est. Ticket Price: \$70

Winner of six 2017 Tony Awards and The 2018 Grammy for Best Musical Theatre Album. A letter that was never meant to be seen, a lie that was never meant to be told, a life he never dreamed he could have. Evan Hansen is about to get the one thing he's always wanted: a chance to finally fit in. This is a deeply personal and profoundly contemporary musical about life and the way we live it.

The Lion King

April 2019 at The Kravis Center Est. Ticket Price: \$85

More than 95 million people around the world have experienced the phenomenon of Disney's THE LION KING. The world's best-loved musical comes to the Kravis Center for the first time. Winner of six Tony Awards. This landmark musical event brings together one of the most imaginative creative teams on Broadway. This story is filled with hope and adventure set against an amazing backdrop of stunning visuals. There is simply nothing else like it!





A Bronx Tale

June 2019 at The Broward Center Est. Ticket Price: \$55

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1 Hr. 36 Mins. - Rated PG

2 PM* Wed. Sept. 2 Sept. 8 PM Monday Tuesday Sept. 8 PM Wed. Sept. 5 2 PM*



TAG

1 Hr. 45 Mins. - Rated RMOV

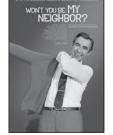
Sunday Sept. 23 2 & 8* PM Monday Sept. 24 8 PM Sept. 25 Tuesday 8 PM Wed. Sept. 26 2 PM*



WON'T YOU BE MY NEIGHBOR

1 Hr. 34 Mins. - Rated PG-13

Sunday 2 & 8* PM Sept. 9 Monday Sept. 10 8 PM Tuesday Sept. 11 8 PM Wed. Sept. 12 2 PM*



SKYSCRAPER

1 Hr. 43 Mins. - Rated PG-13

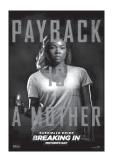
2 & 8* PM Sunday Sept. 30 Monday 8 PM Oct. 8 PM Tuesday Oct. Wed. 3 2 PM* Oct.



BREAKING IN

1 Hr. 28 Mins. - Rated PG-13

Sunday Sept. 16 2 & 8* PM 8 PM Monday Sept. 17 Tuesday Sept. 18 8 PM Wed. Sept. 19 2 PM*



* OPEN CAPTION

Id's required for all shows, dances and movies. All shows subject to change. Guest Show tickets available two (2) weeks prior to show. PLEASE NOTE: Children under the age of 15-years-old are not permitted in the theatre.







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New Durable Power of Attorney Is Important To Protect You

By Martin Zevin, Attorney

A Durable Power of Attorney is an extremely important document that every adult in Florida should have. You appoint one or more Agents to act on your behalf for virtually all legal and financial matters. The Durable Power of Attorney is most often utilized if you become incapacitated. However, I have many clients who choose to allow someone trustworthy to act on their behalf just to make life less complicated. The Durable Power of Attorney can be used for such diverse jobs as paying bills, signing contracts, buying and selling real estate, making investments, collecting monies owed and most other matters of a legal or financial nature. It does not cover any medical decisions, for which Florida Law requires a Designation of Health Care Surrogate. It also does not

cover "pulling the plug," for which a Written Declaration, otherwise known as a Living Will, is required.

If you have never done a Durable Power of Attorney, it is extremely important to contact a lawyer to prepare the document as soon as possible. However, if you have a Durable Power of Attorney and it is over five years old, it is strongly advisable to prepare a new one.

A comprehensive law regarding the Durable Power of Attorney became effective on October 1, 2011. The law does provide that any Durable Power of Attorney executed under Florida Law before October 1, 2011 will remain valid. However, in the last year, many financial institutions are refusing to honor old Durable Power of Attorneys, particularly more than five years old. There can also be substantial delays involved if your Agent attempts to use an old Durable Power of Attorney, since they are being reviewed by the legal departments of the institutions prior to being allowed. The older your Durable Power of Attorney is, the more likely it will undergo scrutiny and may be rejected.



The new law requires that you specifically initial many different types of powers for your Agent to be able to perform that duty. The banks, brokers, life insurance companies and other institutions are much more comfortable with this detailed Durable Power of Attorney, since it is clear what you want your Agent to do.

Under the new law, you can choose to name two people to act as Co-Agents. You then designate whether you allow them to act independently (only one signature necessary) or require that they act together (two signatures necessary). Your designated Agents will also need to sign an acceptance agreeing to act.

The new format of the Durable Power of Attorney is much more extensive and complicated

(ours is 26 pages). Therefore, if you did a Power of Attorney years ago, expect to pay more for the new one.

The Durable Power of Attorney remains valid until you die. It is against the law for your Agent to use it (to withdraw funds, sell real estate, etc.) after your death. At that point, your Will or Revocable Living Trust will take effect.

This article summarizes a few of the basic aspects of the Durable Power of Attorney. It is recommended that you contact an attorney for review of any documents that you currently have.

I offer a free consultation for all matters regarding Durable Power of Attorney, Designation of Health Care Surrogate, Living Will, Wills, Trusts, Probate and Estates. I also offer free consultations regarding any issues pertaining to personal injury claims or car insurance coverage.

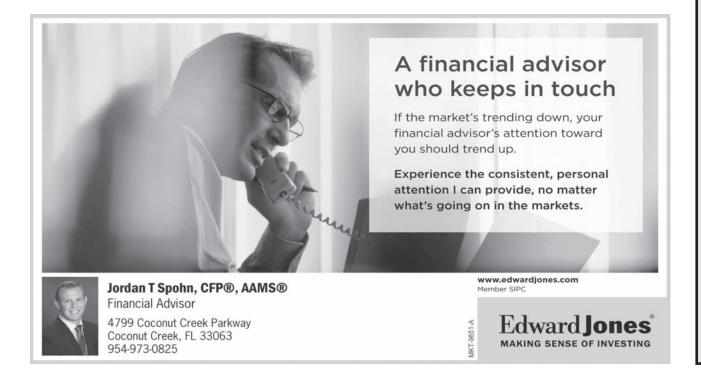
Please feel free to contact me at 954-569-4878. My website is: www. martinzevinpa.com and my e-mail address is: martinzevin@netzero.com **See add on page 35.**

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How Can You Help!

By Roz Greenberg

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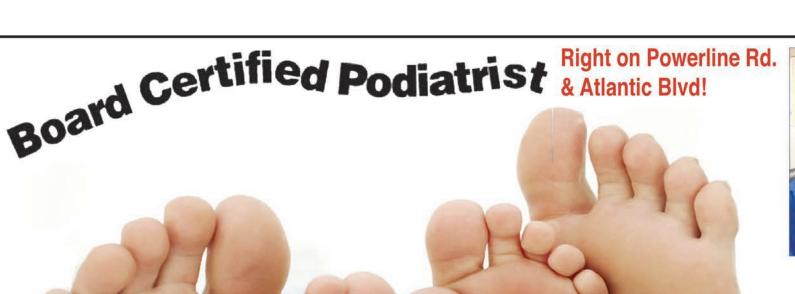


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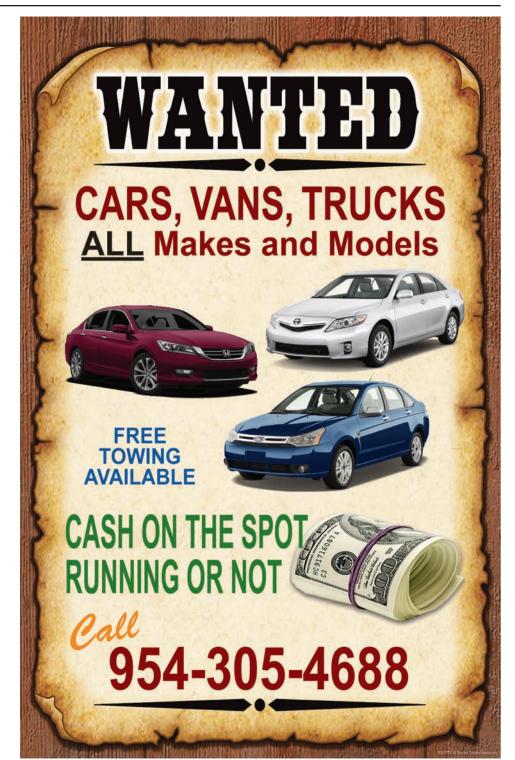
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Upcoming Library Events...

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SEPTEMBER PROGRAMS

Adult Programs:

Art Exhibit - Movement. Photographic works by Ian Witlen. "As a Marjory Stoneman Douglas alumnus, the Parkland shooting did not hit close to home. It shattered it." Photojournalist Ian Witlen, documented the aftermath - the devastated families, the disruption of everyday lives, the banishment of dreams, futures, hopes, and promises. "On February 21st, 2018, in a show of solidarity, thousands of area students converged at Marjory Stoneman Douglas High School in Parkland, Florida. Cameron Kasky, from the roof of an SUV, let out a primal scream that instantly transformed the mood from despair to rage, and finally optimism. In that moment, I witnessed the birth of a movement." 2nd Floor.

Wednesday, September 5 - Knitting Circle. Join our monthly knitting circle. It is a great way to get yourself to knit more, and to meet other people who share your interest, or knit for a cause. This month knit or crochet an artificial bird nest. Patterns provided. All levels welcome. 4:30 to 6 p.m. Rm. 154.

Thursday, September 6, 13, 20, 27 - Digital Downloads Open House. Bring your own device and get one on one help to learn how to access and download the library's free books, music, magazines and movies to your device. First come, first served. Noon to 1 p.m. Rm 226.

Saturday, September 8 - Make Your Own Terrarium. Bring a bit of nature into your life by creating a modern indoor garden. Join us for a hands-on terrarium workshop. Materials provided. **Pre-registration is required. Class size limited.** Call to register. 954-201-2657. 10:30 a.m. to 12:30 p.m. Rm 226. *Sponsored by Friends of North Regional/BC Library.*

Tuesday, September 11 & 25 - Coffee & Conversation. An opportunity for friendly dialogue between library professionals and community members. Light refreshments served. 2:30 to 3:30 p.m. Rm 226. *Sponsored by Friends of North Regional/BC Library*.

Wednesday, September 12 - History of Voting Rights and Restrictions. Be informed, join us for this panel discussion with the League of Women's Voters and Broward College professors John Donovan and Thomas Breslin. 11 a.m. to 12:30 p.m. Rm 154.

Wednesday, September 12 - Adult Enrichment @ Your Library - Join us for Ageless Grace, a fitness and wellness program that consists of simple exercise tools designed for all ages and abilities. These exercises, based on everyday movements that are natural and organic, focus on the healthy longevity of the body and mind. Presented by certified instructor Eleanor Robinson. 1:30 to 2:30 p.m. Rm 226. Sponsored by Friends of North Regional/BC Library.

Wednesday, September 12 - Representatives from the North Broward **Social Security** office will be available to answer your questions and provide information. 2 to 4 p.m. Lobby.

Saturday, September 15 - Guitar Café for adult beginners to intermediate guitarists. Bring your own guitar and join in if you are interested in learning or playing the guitar. 2:30 to 5:30 p.m. Rm 154.

Thursday, September 20 - Movie & Discussion (1996), Rated PG. 12 to 2:30 p.m. Rm 154. Call 954-201-2601 for movie title. *In celebration of Hispanic Heritage Month*.

Monday, September 24 - Movie & Discussion. (2017), Rated PG. 2 to 4 p.m. Call 954-201-2601 for movie title. *In celebration of Hispanic Heritage Month*.

Wednesday, September 26 - Adult Enrichment @ Your Library. Join us for a Book Review of "Death in the Andes" by Mario Vargas Llosa. In a remote Andean village, three men have disappeared. Death in the Andes is an atmospheric suspense story and a political allegory, and a panoramic view of contemporary Peru, from one of the world's great novelists. 1:30 to 2:30 p.m. Rm 154. In celebration of Hispanic Heritage Month.

Thursday, September 27 - *DECISION 2018***** Everything you need to know about the General Election Ballot, the Constitution, the Broward Charter Amendment, and local referendum. Sponsored by the League of Women's Voters. **Be Informed and Vote**. 12:30 to 2 p.m. Rm 154.

Friday, September 28 - Representatives from the **Broward County Appraiser office** will be available to answer questions. 10 to 11:30 a.m. Lobby.

Language Classes:

Tuesdays & Wednesdays - English Café: conversational practice session for intermediate learners of English. 6:30 to 7:45 p.m. Rm. 226.

Tuesdays - Spanish Café: conversational Spanish practice for English speakers. 6:30 to 7:45 p.m. Young Adult Rm., 1st Floor

Coming in October:

Saturday, October 6 - End Your Self-Sabotage presented by Liane Sangollo, professional coach, author and speaker. Learn to recognize the eight behavior patterns preventing you from leading the life you want. 10:30 a.m. to Noon. Rm 226.

Saturday, October 13 - Celebrate Hispanic Heritage with an introductory dance class of the Merengue and Bachata, Tango, Salsa and Cha Cha. Wear comfortable attire. 3 to 4 p.m. Rm 154.

Tuesday, October 16 - Adulting 101: Financial Independence - Develop a Budget. Learn how to use a spreadsheet to develop a budget for spending and saving. 2:30 to 4:30 p.m. Computer Center.

Do You Want To Be Notified or Not?

If you have a computer and wish to be notified of cancellations or emergency situations in Wynmoor, contact Fred Michael, Director of Association Affairs, at fred_wynmoor@bellsouth.net to give him your e-mail address.

You will be notified of any cancellations. i.e. The Cove canceled due to inclement weather.

When Wynmoor calls us to take action. In the case of the traffic fiasco, Fred let us know who to call or email. It turned out that over four hundred Wynmoorites did call and or email and the next day there was relief in the traffic situation.



FRIDAY, SEPTEMBER 7TH

Music by Mambo Nights Band

7:00-10:00 PM • GRAND BALLROOM • \$10.00 • BYOB

Advanced Ticket purchase required. Two tickets per household.

Additional tickets must be purchased by another resident.

Advance ticket Registration begins July 11th

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Save the Date

Teacher's Showcase~Monday, December 10th 5:00-7:00 p.m.~Grand Ballroom~Free Event Here is the opportunity for you to meet Wynmoor's Instructors. They will explain their class and answer your questions. Sign up for a class at this event. No Registration Necessary. All Wynmoor Residents are welcome.

37th Annual Festival of the Arts
Saturday, March 16 & Sunday March 17, 2019
This is a celebration displaying the great talent of our
Wynmoor residents. You will not want to miss out!
All Wynmoor residents and guest are welcome.
Additional details to come.



For more info, call Recreation: 954-978-2600, press 1. Recreation events are subject to change/cancellation.

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By Jack Boss



CONCENTRATION:

Learn to concentrate on what people are saying to you and on the things you do. If you learn to do that, you will be successful and make few mistakes. By concentrating on people when they are speaking, you will understand the full meaning of what they are saying and will understand them fully instead of understanding part of what they said and guessing the rest. If you concentrate on the things you do such as homework, cooking, sewing, golf, cleaning, bowling, skating, baseball, carpentry, gardening, or whatever you do, you will find

that almost everything will come out to your and everyone else's approval the first time you do it. If you don't, a lot of times you will have to do it over. This means a loss of time and at times, a loss of money because mistakes cannot be rectified such as sawing wood, putting proper ingredients in cooking, and so on.

LIFE IS A BOWL OF CHERRIES:

Some people get the stems, some get the pits, and some get the fruit. If you learn to do the things I suggest, you will be the one who gets the fruit.

SENIOR CITIZEN:

How to slow the aging process: When you become 65 years old, have one birthday every five years.

CHARACTER:

Every individual should **THINK**, use your brain, before you talk or do something:

BE:

Truthful

Honest

Integrity

No-nonsense

Knowledgeable

DO YOU FORGET?

From the time we are born, we begin to store knowledge in our brain. We also develop many pathways to that knowledge that gives us the ability to recall that information quickly.

Around middle age, some of the pathways start to die and we become forgetful. The process of dying continues as we age.

To slow this process and help our memory, we have to increase the amount of blood going to the brain by strengthening the cardiovascular system with exercise and eating a nourishing diet.



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SEPTEMBER COMPUTER CLASSES

Tuesday, September 4th, 11th, 18th, 25th, 6:00 PM - 8:00 PM: Creole class. This class covers various computer subjects in Creole.

Wednesday, September 5th, 2:00 PM - 4:00 PM: Introduction to PowerPoint, Part 1 of 6. Microsoft PowerPoint is the most widely used presentation format in the world. This course is a comprehensive overview that will teach you how to create presentations that include video, charts, animations, and more. You'll learn to save your documents and collaborate in the cloud via OneDrive.

Thursday, September 6th, 2:00 PM - 4:00 PM: Meet the Computer, Windows 7/10. Introduction to computers, beginning with learning about the components that make up a computer system, how to use a mouse and keyboard, starting programs and the computer desktop.

Wednesday, September 12th, 2:00 PM - 4:00 PM: Introduction to PowerPoint, Part 2 of 6.

Thursday, September 13th, 2:00 PM - 4:00 PM: Windows 10. This course will walk you through the innovative changes introduced with Windows 10. Learn the basics of managing Windows 10 settings, the Start menu, installing apps and get many helpful tips.

Wednesday, September 19th, 2:00 PM - 4:00 PM: Introduction to PowerPoint, Part 3 of 6.

Thursday, September 20th, 2:00 PM - 4:00 PM: Digital Photography. Want to share photos electronically via email and the Internet? Considering buying a digital camera? In this class, you will learn about the advantages

of digital photography and the equipment and features you need to know about when buying a digital camera.

Wednesday, September 26th, 2:00 PM - 4:00 PM: Introduction to PowerPoint, Part 4 of 6.

Thursday, September 27th, 2:00 PM - 4:00 PM: Beginners Guide To the Cloud. Increasingly, we are relying on services in "the cloud" for our entertainment, file storage, and backup. This module will introduce the cloud and some of the popular services for file storage and backup, entertainment, and productivity. Services covered include Dropbox, Pandora, Evernote, iHeart Radio and Stitcher.

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Trying To Save The Planet, One Step At A Time

By Madeline Daryadel and Roberta Mintz

Is it Hot Enough for you? This has been one hell of a Summer. I hope you are drinking lots of water to prevent dehydration. This got me thinking about water conservation and climate change.

Saving money is always a good reason to change a habit. Did you know that by using the water conservation techniques listed below, we can *reduce our building's water bills* and within the first month, can cut usage by more than half. If you commit just a little extra effort each day, each of us can make a difference. *The message being:* Do our maintenance fee, the planet and our future generations a favor, conserve water today.

Ways to Save Water Indoors:

- Check all faucets, pipes and toilets for leaks.
- Install water saving showerheads and ultra-low-flush toilets.
- Take shorter showers.
- Never use your toilet as a wastebasket.
- Turn off the water while brushing your teeth or shaving.
- Defrost frozen food in the refrigerator.
- Don't run the dishwasher or washing machine until it's full.

Now about Climate Change: Some of you believe and some of you don't. However, the facts are over the last 50 years, human activities, particularly the burning of fossil fuels (coal, oil, or natural gas), have released sufficient quantities of Carbon Dioxide and other greenhouse gases to trap additional heat in the lower atmosphere and affect the global climate. It has gotten successively warmer in the last 3 decades.

Are you aware that high air temperatures contribute directly to deaths from cardiovascular and respiratory disease, particularly among elderly people? In the heat wave of Summer 2003, in Europe, for example, more than 70,000 deaths were recorded.

High temperatures also raise the levels of ozone and other pollutants in the

air that exacerbate cardiovascular and respiratory disease.

Pollen and other aeroallergen levels are also higher in extreme heat. These can trigger asthma, which affects around 300 million people. Ongoing temperature increases are expected to increase this burden.

Enough doom and gloom. I can imagine most of you are throwing your arms in the air and saying, "what can I do? I'm a senior citizen and I'm only one person." Look what I found! *The Conscious Elders Network (CEN)* is an educational, non-profit organization, fostering a budding movement of vital elders, dedicated to growing in consciousness while actively addressing the demanding challenges facing our country. Their goal is to preserve and protect life for all generations to come. Think about joining this monumental endeavor! For more information, visit: http://www.consciouselders.org

Save The Date - September 8th. From Seattle to Miami, and everywhere in-between, activists and non-activists alike will come together to demonstrate to the world, that on this day, and every day, climate matters. Like the National Day of Action in 2015, September 8th is about more than just numbers; it's about telling the story of climate, jobs, and justice; it's about showing that to change everything. It takes everyone, including you. It's about committing to make climate action in South Florida, the flooding on Miami Beach, the beach erosion along our coast, the Puerto Rican recovery, a central part a part of the National dialogue in November, in the months that follow, and well into 2019 and 2020.

We can join thousands of South Floridians on Saturday, September 8th in Miami at the Bayfront Park Station. I was planning to go by car or by rail. If you would like to join me, email: MadelineDaryadel@gmail.com

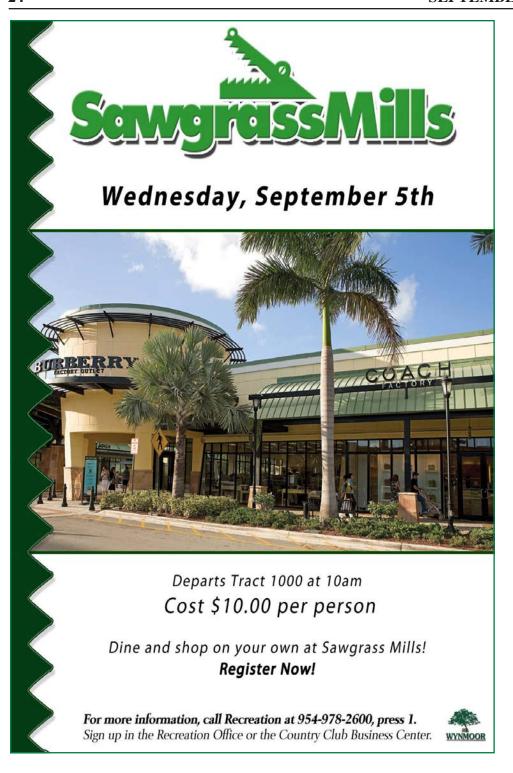
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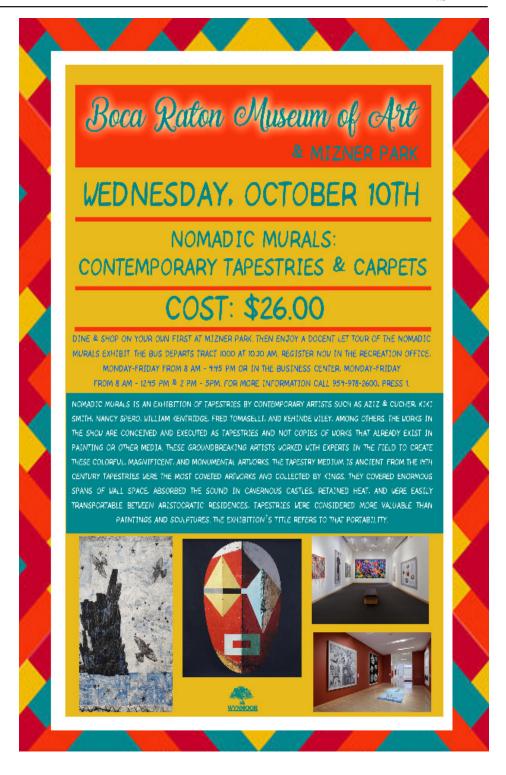
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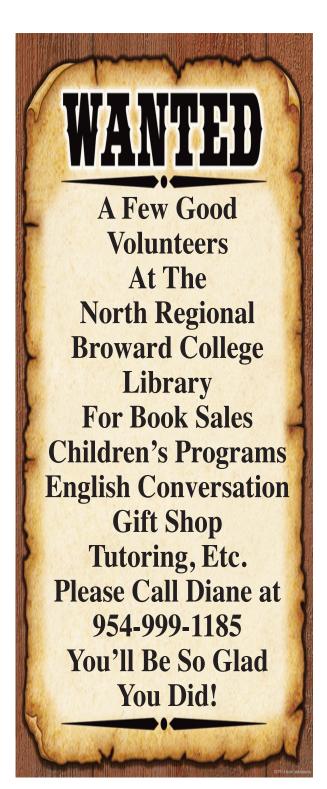
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WYNMOOR Golf and Tips

By Kevin Battersby, PGA



Get A Grip!

Each year, when Jack Nicklaus would work with his instructor, Jack Grout, they would start with a review of his setup. The first component of your setup would be how one grips the golf club. This is the most flexible and stable manner possible. Because Nicklaus had smaller hands, he employed an interlocking grip. Some players like Beth Daniel and Scott

Piercy use a ten-finger grip or baseball grip which is also good for smaller hands and more speed.

Jim Furyk uses a double overlap grip which reduces the tendency to hook the ball and is great for stability in your chipping ala Mark Calcavechia. Finally, the Vardon grip or overlap grip is widely used by golfers of all ability. Depending on your hand size and shot pattern, you will find one of these grips suitable for your game. Feel free to email me if you have a question on your grip position.

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NSPRAtion

By Diana Stone, M.A., Wellness Consultant and Inspirational Writer and Speaker

What Would Love Do?

Dear Reader,

Happy Fall! This glorious new season represents fresh crisp possibilities, including a clean, clear slate for all students to shine academically and a new beginning for anyone who wants to align with the season of abundance and self-awareness. This is the ideal time to reflect on all that we already have, not only materially, but what we have accomplished. So, pause and give yourself a real pep talk about how far you have come on your path. As we take stock of how blessed we truly we, acknowledging the love and encouragement from our family and friends, who support and sustain us, we may also tap into areas of our life that we wish to produce more in and this gives rise to our new intentions and commitments.

One of the most clarifying questions I repeatedly ask on my path for every season is "WHAT WOULD LOVE DO?" This question helps me shift from ego (what I think I should do!) to spirit (what my heart is calling me to do). My ego knows Fall means school for my children and work projects for me, but my spirit KNOWS it also represents apple picking season, changing vibrant colors in nature, along with pumpkin flavored everything! When I start to contemplate the best use of my time, now that my children have returned to their school days, my focus on "WHAT WOULD LOVE DO?" helps me stay in the vibration of kindness, service and renewal for myself and others.

These virtues shift my goal list from extreme productivity, to reaching out to those in need to offer support, inspiration and comfort. Love is not always efficient, yet it is never wasted.

At this exact moment in time that you read this, SOMEONE in your world could benefit from your focused attention. Who comes to mind? Perhaps it is YOU. When was the last time you poured yourself a refreshing drink (may I suggest a chai tea or cinnamon apple cider?) and just looked out the window to enjoy the view? Perhaps, you can pretend you are your own trusted confidant and ask yourself, "if love could show up in any form right now, what would it look like?" Then, get silent and LISTEN. Your higher self will provide an answer. It could be as simple as a request for rest. What a difference a little nap can make! Or, you may get a hunch of an imbalance in your life that you can make right by making different choices.

Our higher selves are always inviting us to greater self-care. At first, we get a whisper and if we heed it, all is well. But if not, LOVE will send its message as a tap, then a nudge, then a bump, then a full-on push until we get the message. If we can take time to tune into the silent whispers of our loving higher selves, we are more empowered to live from a place of peace and balance.

Once we have established our own equilibrium, LOVE will offer more creative expressions to us. Perhaps, we can offer to help a neighbor with some yard work or sit with their children or parents so they can tend to other matters. Many people are caring full-time for family members and a little reprieve would be so welcomed. Perhaps, a friend whom you haven't spoken to in awhile will pop into your awareness. Again, ask, "what would love do?" Be open to guidance.

As I have shifted to a spirit-led life, I trust my intuitive guidance system and I allow these gentle awareness's to spark my actions. I may offer to help my neighbor, or I'll call the friend who popped into my mind. I follow up because I believe we are all called first to love one another. As much as I love to be productive and get my own list of to-dos tended to, I also agree with Ram Dass's quote, "we are all just walking each other home."

I wish to be a steward of my fellow Earthlings. I want to be guided by love and to be love.

This Fall lets practice asking, "what would love do?" It can literally transform your life. As the famous song goes, "what the world needs now is LOVE, sweet LOVE." May you bask in love, radiate love, and know at your core, "YOU ARE LOVE," - Diana

Connect with Diana: dianalynnstone@me.com or www.dianalynnstone.com

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POETS and POETRY

If your poetry was not in this issue because of space, we will try to get it in the next issue. Our goal is to give everyone an opportunity to have their work published. All poetry will be printed as submitted.

old age By Mel Berenson

Black cloak, tears over cragged rocks in the darkness of dreams unremembered, he wakes to the shriek of bone against arid bone, petrified tendons, the river running dry. A mortgaged soul with hand prints embedded in quicksand, burning gravel at whipped heels, he gallops on purple carousels, grasping at shriveling brass rings, clawing at passing day lilies. The age of grief, flee the ruthless silence, the crowded loneliness, revert to the child's innocence. The windless leaf, ground into ground, ground into grass and majestic oak, ground into the distant hills, ground into rising souls. Amid savage pines, the chameleon, hope, knifes through his flesh. *The psalm in the wind* shatters the sanctity of his mind, and he recalls that the path led up is the path led down.

ON LOGIC By Mel Berenson

One day on a train two men did meet, across from each other, on an opposite seat.

One man was sitting in apparent pain; Holding in hand a gnarled wooden cane.

The other man noted, as well that he would, the discomfort and aches, he'd help if he could.

Excuse me, he said, I have noticed that you seem to be suffering, what can I do?

Thank you for asking, to me you are kind. I'll tell you the problem, if you wouldn't mind. You're right, I'm hurting as well you can see, these shoes I am wearing, are too small for me.

You may think me foolish, to see such a sight, a grown man sitting here, with shoes, oh so tight.

Perhaps you'll allow me, to let you know why, I sit here in such pain, I feel I will cry.

My partner, he stole our profits and gain, our business is bankrupt, I fight to stay sane.

My eldest daughter, ran away with a thief, I see a psychologist, to find some relief. My other daughter, is ugly and fat, she's constantly eating, I'm sick over that.

My wife, all she does, is complain, yell and nag. What torment it is to have married a hag.

A bum, that's my son, he's not worked a day. The way I feel now, they're going to put me away.

At the end of the day I come home to more bills. I'm making no money, you can't count all my ills.

And so, my friend, I go home as I should, I take off these shoes, and boy, I feel good.

My Dearest Love By Judith Bobker

How bright and lovely all the days You sweetened in so many ways. We had so many songs to sing, A joy beyond imagining. A magic fairy wand that stays The touch of winter- keeps it spring.

should the evening be without regret?

If the morning be wise,

When did your laugh become a sigh?
How could such wonder wither, die?
What wayward pathway did love wend?
And on a shattered heart descend?
For you were all the world, and I
Had not foreseen a bitter end.

I flee the rooms, so filled with dread, The silence, screaming in my head, But haunting memories follow me, And sear me, unremittingly. The loom of rye has lost the thread To weave it back to sanity.

The caustic wind whips icy pain
Across my face, the slashing rain
Knifes through my body to the bone.
I cannot bear to be alone.
What would I not give to regain
The dearest love I've ever known?



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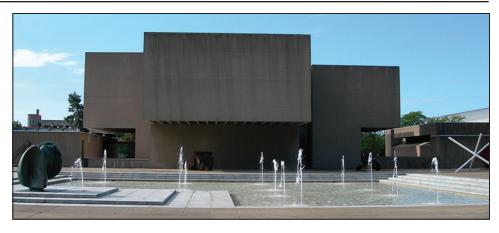
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Everson Art Museum, The Place To Enjoy **Fine Ceramic Art**

By Barry Isaac

During my Summer visit to the Western Portion of New York State, Annette McKinney and I were fortunate enough to spend a delightful day in Syracuse at the Everson Art Museum. This art museum was designed by famous architect, E.M. Pei. It is highly respected for its comprehensive collection of Ceramic Works produced primarily by American Ceramicists. The following Ceramicists were well-represented in this art museum; Jun Kaneko, "Polka Dot Dango," Angelo Biancini, "Madonna and Child," terracotta filled with plaster, reminiscent of Late Medieval Italian paintings, Adelaide Robineau, "Scarab Vase," a plethora of intricate details, Viktor Schreckengost, "Dictator," made of glazed earthenware featuring Nero surrounded by Hitler, Mussolini and Stalin, Susan and Steve Kemenyffly, "First Lady of Spring," Wayne McClean, "Statue of Man To Do It Yourself," very satirical, Fred Meyer, "Man With Corn Cob Pipe," and Dorothy Riester, "State Fair," among others.

This art museum has some quality paintings produced by American painters as well. Many were displayed Gallery-Style. Favorite paintings that day were Sanford Gifford's "Sunset Bay of New York," Hudson River School, Jan Matulka's, "Pastoral," awesome cows, Ernest Lawson's, "Early Spring," Reginald Marsh's, "Mural For Museum of Modern Art," Jerome Myers', "In The Theatre," Ash Can School, Glenn Coleman's, "Ferry," Andrew Wyeth's, "Hoffmann's Slough," Doris Rosenthal's, "Mexican School Room," and Ron Gorshov's, "Tall Strand" with its resplendent colors.

I also was fascinated by following creations; Francisco Alvarado Juarez', "Buffalo Trophy," mixed media, Red Grooms', "Little Italy, New York City," and Mickalene Thomas', "Madame Mama Bush," fine Chromatic Photography.

When I visited this art museum, there was a fine temporary exhibit of Contemporary paintings by Contemporary Painter, Darryl Hughto with numerous depictions of sailboats. Darryl Hughto is originally from the New York North Country city of Watertown. At this art museum, the lighting was excellent and the labelling and explanations for the works on display were done in a sedulous manner. In July of 2018, there was an appreciable amount of renovation going on in this art museum, so I didn't get to see many of the Ceramic Works publicized on the internet.



Ferry

By Glenn Coleman

SEPTEMBER CLASSES

Monday:

Beginners Tap Class (Jankelevich): Starting September 10th from 10:00 AM - 11:00 AM for 3 weeks; \$30

Art: Painting (DeRosa): Starting September 10th from 1:00 PM - 3:00 PM for 3 weeks; \$30

Chair Yoga (Charland): Starting September 10th from 1:00 PM - 2:00 PM for 3 weeks; \$21



Tuesday:

AARP: Tuesday & Thursday, September 4th and 6th from 9:00 AM - 12:00 PM for TWO DAYS; \$15-\$20

Creative Art (Zannini): Starting September 4th from 10:00 AM - 12:00 PM for 4 weeks; \$45

Line Dancing (Levitan): Starting September 4th from 10:00 AM - 11:00 AM for 4 weeks; \$28

Mixed Media (Tishman): Starting September 4th from 1:00 PM - 3:00 PM for 4 weeks; \$40



Wednesday:

Art: Painting (DeRosa): Starting September 5th from 10:00 AM - 12:00 PM for 4 weeks; \$40



AARP: Tuesday & Thursday, September 4th and 6th from 9:00 AM - 12:00 PM for TWO DAYS; \$15-\$20

Canasta (Levitan): Starting September 6th from 3:30 PM - 5:30 PM for 4 weeks; \$36

Mah Jongg (Levitan): Starting September 6th from 1:00 PM - 3:00 PM for 4 weeks; \$36

Paper Tole (Katz): Starting September 6th from 10:00 AM - 12:00 PM for 4 weeks; \$40



Saturday:

Yoga (Charland): Starting September 1st from 9:00 AM - 10:00 AM for 5 weeks; \$35

Private Sessions:

Golf Lessons (Battersby): Private Sessions available

Personal Trainer (Anderson): Private Sessions available. Free fitness demos on Tuesdays & Thursdays from 12:00 PM - 2:00 PM.

Personal Trainer (Hamburger): Private Sessions available. Free fitness demos on Wednesdays from 11:00 AM - 2:00 PM.

Personal Trainer (Walbert): Private sessions available. Free fitness demos on Tues. from 5:00 PM - 7:00 PM.



For more information, call Recreation at 954-978-2600, press 1. Register at the Recreation Office Monday - Friday from 8:00 AM - 4:45 PM. Classes are monthly and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.



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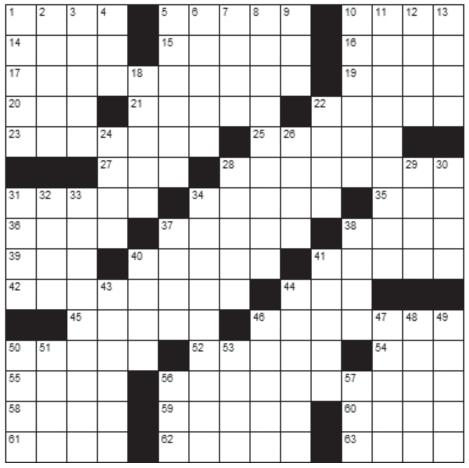
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Puzzles and Sames

Crossword Puzzle



ACROSS

- 1. Body of water
- 5. Skid
- 10. Amazes
- 14. How old we are
- 15. Beginners
- 16. Jump
- 17. Dilapidated
- 19. Pueblo ceremonial chamber
- 20. Defraud
- 21. Overweight
- 22. Merchandise
- 23. Empower
- 25. Pasture
- 27. Beer
- 28. Soft thick unsweetened baked dishes
- 31. Stomach
- 34. Blunts
- 35. Before, poetically
- 36. Prig
- 37. Mountainous
- 38. Largest continent
- 39. Family
- 40. Gossamer
- 41. Points
- 42. Baby pacifiers
- 44. Pallid

- 45. Ganders
- 46. Ecstasy
- 50. Termagant
- 52. Direct the course
- 54. Veto
- 55. Withdraw gradually
- 56. A decorated dart
- 58. Not legs
- 59. Law and
- 60. Consider
- 61. Prying
- 62. Smells
- 63. Contributes

Down

- 1. Big
- 2. Twice
- 3. Tidy
- 4. S
- 5. Horse barn
- 6. French school
- 7. Bothers
- 8. Sorrowfully
- 9. East southeast
- 10. Antacid
- 11. Strangeness
- 12. Overhang
- 13. Resorts 18. Heatedly

- 22. Marries
- 24. Poetic foot
- 26. Lazily
- 28. Inexpensive
- magazines
- 29. Handle
- 30. Oceans
- 31. Sounds of
- disapproval
- 32. Pearly-shelled mussel
- 33. Anagram of
- "Groomsman"
- 34. Ignore
- 37. Hastens (archaic)
- 38. Parental sister
- 40. Exclamation of relief
- 41. Escapade
- 43. Very small
- 44. Waterproof hip boots
- 46. Equestrian
- 47. Lacking leadership
- 48. Angered
- 49. Tests
- 50. An aquatic bird
- 51. Protagonist
- 53. Annul
- 56. Ghost's cry
- 57. Actress Lupino

DOLLS

a WORD or Two

Word: gaffer

Definition: an old man — compare gammer

Example: Before the first day of shooting, the *gaffer* spent several days setting up all the lights.

Word: orgulous **Definition:** proud

Example: The hotel manager tended to adopt an *orgulous* air with those guests who were not regular visitors and who might be unaware of the building's rich and storied history.

Sudoku

				6		3		
	6	9		3			1	
3			8		2	7		
	7							5
			7	4	5			
6							9	
		2	6		4			8
	8			5		2	4	
		3		8				

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WORMS

Solutions on page 58

Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Fears and Fobias

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.

ΕN S ERGSEFE S S Μ S Ν В G D G

G N S ТАВ R D S D 0 0 G D **BASEMENTS DRIVING** REJECTION HOSPITALS **BATS ENCLOSED INSECTS ROLLER BEES SPACES** LIGHTNING COASTERS **BIRDS FAILURE** LOUD NOISES SHARKS **NEEDLES BLOOD FALLING** SICKNESS **CLOWNS FIRE** NUMBER THIRTEEN **SNAKES** COCKROACHES **FLYING SPIDERS** OPEN SPACES **CROWDS FROGS STORMS** PAIN DEATH **GERMS** PEOPLE THE DARK **DENTISTS GETTING OLD POPPING THUNDER DOCTORS GHOSTS** BALLOONS WASPS **DOGS HEIGHTS** PUBLIC SPEAKING WATER

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1901 Bermuda 2/2, Corner Unit, Updated Kitchen, Screened Patio, Remodeled Bathrooms\$ 107,300
1901 Bermuda 2/2, Corner Onit, Opdated Ritchen, Screened Fatto, Remodeled Bathrooms
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BSO Deputies Required To Carry Less-Lethal Weapon

By Sheriff Scott Israel

Recently, I instituted a new policy at the Broward Sheriff's Office that requires all law enforcement deputies to carry at least one less-lethal weapon in addition to their firearm while on duty.

Less-lethal weapons are explicitly designed and primarily employed to induce a subject to submit or comply with directions while minimizing fatalities, permanent injuries and unnecessary damage to property and the environment.

In my nearly 40 years in law enforcement, I know firsthand that there is no one right response to any given situation. In many instances, deputies have only a matter of seconds, sometimes fractions of a second, to respond to a potentially life-threatening situation. It is up to each trained deputy on the street to assess any imminent threat rapidly and decide whether a firearm or less-lethal weapon is the most appropriate tool to use.

That is why this new policy is so important. When your only tool is a hammer, everything looks like a nail. Because of this new policy, deputies



are afforded more options to de-escalate an incident while ensuring their safety, the safety of those around them and the safety of those individuals involved.

In addition to their firearm, deputies now

must carry at least one of the following:

*Impact Weapon (baton): These devices can be used in situations where there is an up-close encounter.

*Chemical Agent (pepper spray): This irritates the eyes and temporarily restricts vision. It can be used from a farther distance than impact weapons to incapacitate and gain compliance over the perpetrator.

*Conducted Electrical Weapons (commonly called "Taser"): This device provides an electrical discharge. It is more effective at a greater distance and, when effective, results in the total loss of control of voluntary muscles.

I also approved a tool, a Less Lethal Launcher, which is issued to specially-trained qualified deputies. Although it looks like a 12-gauge shotgun, it fires less-lethal bean bag-like projectiles designed to incapacitate an individual up to 50 yards away. The impact of one of these rounds can

be compared to getting hit by a major league fastball in the upper thigh or lower abdomen. In addition, the menacing appearance and sound it produces often lead to quicker and greater compliance.

Not only are all deputies required to carry at least one less-lethal tool, but they also receive training and must demonstrate proficiency with that tool on a continuous basis.

Although police use-of-force incidents, resulting in death by firearm, decreased nationally in recent years, they still regularly make headlines. The requirement to carry a less-lethal weapon is the right decision not only for our deputies, but for the individual involved in the incident. Without question, it's good for our community. Most importantly, it will save lives.

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(NAPS Purchasing a new car is a major financial investment. Keeping it clean can be an easy and inexpensive way to protect its resale and trade-in value.

"Many motorists procrastinate when it comes to cleaning their vehicles," said Rich White, executive director of the nonprofit Car

Care Council. "Whether you do it yourself or have it cleaned professionally, proactively keeping your car clean on the outside and tidy on the inside will pay big dividends when it comes to maintaining your vehicle's value over time."

The Car Care Council suggests five simple steps to keep a vehicle clean, helping protect it from the elements and preserve its value.

• **Declutter**—Start the cleaning process by removing excess clutter from inside the car as it can be distracting and hazardous, especially when debris finds its way near the gas and brake pedals. Don't forget to clear out items that have accumulated in the trunk as they can add extra weight and reduce fuel efficiency.

- Clean the Interior—The next step is to thoroughly clean the interior, wash the windows, and clean and install floor mats. Be sure to vacuum on a regular basis. A clean and orderly interior lets you spot issues in the cabin so you can get them repaired before they get worse.
- Wash the Exterior—Give your car a good wash from top to bottom using products specifically made for automobiles. Always clean the tires and wheels before washing the body and don't use the same washing mitt or cloth for both.
- Wax Twice a Year Waxing not only protects a vehicle's finish, it makes subsequent washing easier. Before proceeding, make sure there are no foreign particles on the paint. It's important to note that waxing should be done in the shade, not direct sunlight.
- **Fix Chips**—If you find minor paint damage, cover the paint chips as quickly as possible to prevent further damage. For a quick fix until you can get paint touch-up supplies, dab a little clear nail polish on the scratch.



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City

Matters

By Commissioner, Mikkie Belvedere

A great month is coming up. The weather is cooling, school is open, Snowbirds are returning, traffic patterns are changing and lots of celebrations are happening.

Happy Birthday and Happy Anniversary to all celebrating this month. Additionally, we have some important Jewish holidays. September 9th at sundown is the beginning of Rosh Hashana (the Jewish New Year). September 18th, starting at sundown, is Yom Kippur and is followed by Sukkot on September 23rd to September 30th.

Some American holidays include September 3rd: Labor Day, September 11th: 9/11 Remembrance Day and September 16th: American Legion Day.

Some fun days are September 7th: National Salami Day, September 9th: Grandparents Day, September 16th: National Wife Appreciation Day, and September 22nd: the start of Octoberfest. Celebrated from September 22 to October 7th, Octoberfest is a German holiday to eat, drink and be merry. It is celebrated in many local restaurants. The fourth Friday in September is Native American Day. I encourage you to spend some time learning about Native Americans. They are the true original settlers of the Americas.

September 29th is the 5th annual Coconut Creek Artsfest. The theme this year is Italy. Come enjoy over 30 artists, an all-day DJ, several shows, crafts and games for the children including face painting. There will be food trucks, raffles and more. This event is all indoors at the Community

Center (Lyons and Coconut Creek Parkway) from 11:00 AM - 4:00 PM. Hope to see many of you there.

September 15th is the official opening of Windmill park. The park offers all new Tennis courts, basketball courts, walking trails with exercise stations and two new dog parks. You must register your dog to use the dog park and there are certain requirements and rules for membership. The cost is \$35 a year for Coconut Creek residents. For more information, please apply at the Community Center or call 954-545-6600.

It is a good idea to make sure you are registered to receive your vote-by-mail ballots. It is expected that the Florida

Constitution Revision Committee will have about 14 Amendments and the County Commission will have about 12.

This figure may change before the November election, but it will be a very long ballot. Also, it will be in three languages so expect many pages. You can always carry your ballot to the poll and use it as a guide when voting.

Remember, we are still in hurricane season.

We are still collecting, wheelchairs, walkers and canes. Please bring them to the security office or have security pick it up.

I can be reached at mbelvedere@coconutcreek.net or 954-803-7696 for any questions or suggestions. Have a great day and keep smiling.

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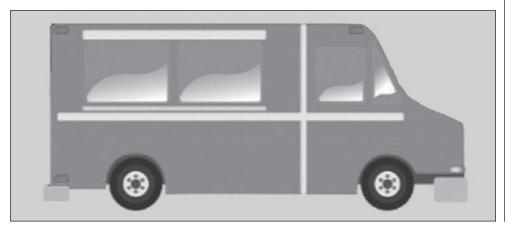
Food Truck at Wynmoor Give it a Try!

At the latest Tuesday meeting, it was announced that an arrangement was made to bring a food truck to Wynmoor. Not only that, but the residents are invited to sit in the airconditioned Ballroom C, make their order, have waiter service, and drink free coffee. The food is provided by Mobile Culinary Kitchens (MCK).

Personally, I thought this is one of our BETTER ideas. As a foodie who cooks daily, has started a few restaurants, and worked in many kitchens, I felt I should support this effort. Further, I recently had lunch at MCK and found the food to be excellent.

As a foodie, I have a personal rule to be extra patient when a restaurant is opening a new location because it takes a few weeks to really get in the swing of things. We had breakfast on Tuesday and my rule proved to be accurate. The personnel are still working out some glitches and service is slow.

Having said that, I found the food tasty, fairly priced, and the staff polite and solicitous. They even asked for suggestions. My conclusion is, if you want to drink coffee and talk in a relaxed atmosphere, have a good breakfast, and continue your retirement, try this idea out. If you are in a GIANT hurry, have trouble taking it easy, and really must move on fast, give them a week or so to work it out.



Living Independently With **Medical Care Alert**

By Bryan Stapp

Join us in welcoming the Insider's newest sponsor, personal emergency response provider, Medical Care Alert.

Medical Care Alert's awardwinning,"Help At The Touch Of A Button" monitoring service, helps folks live independently in their own homes. We asked owner and President, Bryan Stapp, to tell us how it works.

"We're in the 'Peace of Mind' business," said Stapp. "One-third of adults over 65 will fall in their own home each year. By having a simple button to press in an emergency, we can help them live independently at home, and give their families peace of mind. If someone can get help within the first hour of a stroke or fall, they have a better chance of getting back to normal quickly."

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The medical alert systems are available with no long-term commitment, for around a dollar a day. Medical Care Alert is A+ rated by the Better Business Bureau, awarded the "Gator100" by the University of Florida in 2017 and 2018, their monitoring center was named the Monitoring Center of the Year 2016 by the CSAA, and the company has received the Angie's List, "Super Service Award" 6 years in a row. Learn more at www.medicalcarealert. com or call 954-289-1460. **See our** ad on page 12.



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Dean Dr. Jo

By Joy Berke Sanchez, PhD



A question came up while having a conversation with some people in New Jersey. I was asked by someone I'll call Jane, if I had any idea why a very good friend of hers didn't seem happy and excited for her about a new venture she was undertaking. Someone else chimed in, in agreement because apparently, she had someone in her life who was also disappointing her in his reaction to her good news. There were probably 5 or 6 others who had similar stories to tell. Only one person aside from myself didn't join in. Not that I couldn't think of a situation I had been

in that mimicked theirs, but they had now put me in a professional role and I didn't want to gripe as I was attempting an answer.

What I found most curious and asked Jane, was why she was so disturbed by her friend's attitude, which seemed to be more about the friend than about Jane. If for some reasons, her friend could not share in Jane's excitement, why did Jane need this response to add to her own happiness? To Jane's credit, she saw this right away and truthfully answered, "I don't know. Maybe I'm not totally committed to my own vision and needed my friend to support me so I would feel surer of what I was planning to do."

As a group, we talked about that answer and everyone seemed to agree that they most likely felt the same way about their own friends' responses to their exciting plans.

Why is this the case for so many of us? Is it because we are not quite sure of our own decisions? We want to share our excitement with people who we care about and have them be excited with us, or does it merely give us strength and resolve to move forward with our plan? Or perhaps, it can be something entirely different? What do you think might be behind this for you personally?

In thinking about this question regarding the people in my own life, one of the things I realized is that there is a form of judgement that I carry regarding who my "real" friends are and how these "real" friends should support me. If I discover someone or something that gives me a great deal of pleasure and am excited by the prospect of getting involved with that person or project, I except support from a true friend. I really find that I don't consider why this person is not supportive or what may be happening in his or her own life that is preventing these best wishes. It could be something as simple as their own sense of deprivation that doesn't allow them to be happy for anyone else or it could be a sense of inadequacy leading to a feeling of jealousy. What I realized is that the reasons don't really matter at all. When all is said and done, that person will not have the ability or perhaps even the desire to be supportive of you. If you need them to be, you have crossed over into an area of needing people to be a certain way for you to have them as a friend. Is this what you want, or can you see their finer aspects while realizing that you will have to get your support elsewhere? Maybe at least at another time when they may be feeling more generous.

I'm sending you all regards from Maine. I'll be back in Wynmoor on September 2nd. Enjoy the rest of your Summer.

Kevin Rader



Dear Friends,

The November 6th, General Election is approaching quickly and the deadline to register for the election will be here soon.

All new voter registration applicants must submit their applications by October 9th if they wish to vote in the November 6th General Election. You may register to vote online, or by mailing a voter registration application to either the Palm Beach County Supervisor of Elections or the Broward County Supervisor of Elections. Voters may also visit the websites to fill out and print a voter registration

application to mail. New voters may also fill out an application or request one to be mailed by contacting your local Supervisor of Elections office.

All general vote-by-mail requests for the November 6th General Election must be made by Wednesday, October 31, 2018. All overseas voters must request their vote-by-mail ballots at least 45 days prior to the General Election. September 22nd is the overseas vote-by-mail request deadline. To request a vote-by-mail ballot, please contact your local Supervisor of Elections office.

Online site information for registering: www.Registerto VoteFlorida.gov Check with your Supervisor of Elections for Early Voting dates and locations:

*Broward County Supervisor of Elections:

Phone: 954-357-7050

Website: www.browardsoe.org

Mailing Address: PO Box 029001, Fort Lauderdale, FL 33302.

*Palm Beach County: Supervisor of Elections

Phone: 561-656-6200

Website: www.pbcelections.org

Mailing Address: PO Box 22309, West Palm Beach, FL 33415.

If you have any questions or comments, do not hesitate to reach out to

my office:

District: <u>Tallahassee</u>:

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Odd Sports That Provide Great Fitness Boosts

By Mehmet Oz, M.D. and Michael Roizen, M.D.

You may not have heard of chess boxing (11 alternating rounds of fisticuffs and chess moves) or underwater rugby (apparently, above-ground rugby isn't tough enough for guys from Sweden and Norway) or Quidditch for muggles (based on the broom-flying game from the "Harry Potter" books by J.K. Rowling). But while these offbeat battles may be a little over the top, there are several often overlooked sports that provide enormous fun and extensive health benefits. We're talking about Table Tennis, Pickleball and Joggling.

How much, and how much benefit? One 2011 study looked at the info on more than 1 million exercisers and found that vigorous (300 minutes) or moderate (150 minutes) weekly exercise reduced the risk of death from all causes over the study's lifetime by up to 34 %.

Another study, in BMJ Sports Medicine, found that participants in aerobics (Joggling), cycling, racquet sports (Table Tennis and Pickleball) and swimming, reduced their risk of death by 27, 15, 47 and 28 %, respectively, over the course of the study.

Table Tennis, Pickleball and Joggling provide physical, cognitive and social benefits that are the foundation of a younger RealAge (go to Sharecare.com to discover yours). Just ask Dr. Mike, who developed the RealAge system! He is the winner of more than 75 trophies in Class A Squash.

Table Tennis: Table Tennis was recognized as an Olympic sport in 1988, but it began in the 1920's as an after-dinner activity. Because of its fast pace and demand for focused attention, it is great for your:

- Hand-eye coordination
- Balance
- Problem-solving, learning, remembering, anticipating
- Increased cerebral blood flow
- Improved response of gross and fine muscle movement
- Increased social interactions (you can play singles or doubles) that are so essential for health and happiness.

Plus, it's easy on the joints, and burns around 270 calories an hour (for someone weighing 150 pounds).

For a complete set of rules and information on joining a local club, check

out Team USA's website at www.teamusa.org/USA-Table-Tennis

Pickleball: This newly devised sport is cropping up all over the place. Find your local groups and facilities at the USA Pickleball Association website; www. usapa.org

This game, played outdoors on a 44-feet-by-20-feet court (a Tennis court is 78 feet by 27 feet) with a racquet, net and a whiffle-like ball, is a cross between Badminton, Tennis and Table Tennis, and can be played as singles or doubles. It's gentler on the joints than Tennis, while still demanding focus, quick responses, strategy, balance and problem-solving. Its health benefits, like those of Table Tennis, embrace physical, cognitive and emotional functions. In fact, a study in the "Journal of Positive Psychology"

found that the more involved Pickleball players were in the game, the more positive an outlook they had on aging, and that translates to a longer, happier life.

Joggling: Juggling while jogging (or walking) combines aerobics with a demand for precise focus, adept hand/eye coordination, good upper-body strength and a sense of humor, all proven to extend longevity and improve quality of life. Now, you might think this is ridiculous, but there are folks who have completed Joggling marathons! A current world record is held by Zach Prescott, who ran a four-minute, 43.2 second mile this Spring while juggling three lacrosse balls. You can walk and juggle or go at a slow trot and still get the bone strengthening that comes from doing weight-bearing exercise, while improving mental acuity and aerobic capacity. For more info, check out www.jugglingworld.biz

If these don't appeal, search the web to find a listing of many other sports that you can try out. Working physical activity into your daily routine is essential for your good health and, as we are finding out, the health of your future children! Having some fun alternatives to choose from during the week that entertain you while you build your strength and endurance is one sure way to get and keep you active.

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic.

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Dinner Theatre

By Lynne List

The Goodbye Girl

The Supper Club is delighted to be able to present "The Goodbye Girl" as its Broadway Musical show for 2019. This show is really your cup of tea. It is an adventure about love and commitment, as it follows the unlikely romance between Paula, a bitter single mother, who has been jilted one too many times, and Eliot, the opinionated actor who shows up unexpectedly

on her doorstep with a lease to sublet her apartment. From that point on, the show gets funnier and funnier, with dialogue by Neil Simon and great music by Marvin Hamlisch.

Flyers and order forms for advanced ticket purchase are being emailed this month to former patrons who have registered their email addresses. Advanced purchases will be accepted until November 1st, when the order forms will be placed in the Country Club Library carousel. There will only be two performances: Wednesday night, January 23rd and Friday night, January 25, 2019. Tables will be assigned on a first come/first served basis. Tables hold 8 or 9 people. There are a few tables which will hold 10. So, get your orders in quickly.

Tickets for the show are only \$35 per person, including tax and gratuity. Dinner will be served before the show at 5:30 PM and will consist of a glass of wine (BYOB if you want more), salad, and a choice of Salmon in a dill sauce or Chicken Marsala, rice pilaf, baby carrots, éclair, and beverages. All performances are in the West Wing. "Old Florida Caters" will be providing the meal.

The show's production is by the professional traveling troupe, "The Curtain Call Playhouse." They will present this, and other shows, at multiple venues throughout Broward and Palm Beach County. Their professional cast members can be seen in performances in other theatres, such as Stage Door, where I recently saw the mime from last year's "Fantastics" show.

If you are not on our email list and would like to have the ability to have an advanced sale ticket purchase, send your email addresses (include your name and write "Supper Club" in the subject line) to LLIST@juno.com. This is a show not to be missed.



Last Of The Red-Hot Lovers

We are in for a treat when, on March 10, 2019, two productions of Neil Simon's fantastic hilarious play "Last of the Red-Hot Lovers" will grace Wynmoor's stage. In this show, Barney Cashman, a middle-aged nebbish, wants to join the sexual revolution before it's too late. He is a gentle soul with no experience with adultery. His attempts and failures

with three seductions will keep you rolling in the aisles.

Flyers and order forms for advanced ticket purchases are being sent out to former patrons who have registered their email. Tickets should go fast. Tables will be assigned on a first come/first served basis. Advanced ticket purchases will be available until November 1st. In November, the order forms will be placed in the Country Club Library's carousel and orders will be accepted until the end of the month. Starting in December, tickets will be sold in the library every Monday and Wednesday afternoon from 2:00 PM - 4:00 PM.

There will be a matinee and an evening performance in the West Wing. Lunch will be served at 1:00 PM, with the show starting at 2:00 PM. Supper will be served at 6:00 PM and the curtain will go up at 7:00 PM. Meals will be catered by "Old Florida Catering." The menu for both meals will be spaghetti in marinara sauce with all beef meatballs, roll and butter, salad, ice cream with chocolate sauce, coffee and iced tea. The ticket price is only \$25 per person, including gratuity and tax.

Most tables hold from 8 to 9 people. A few tables are available which hold 10. For the best seats and the table size you need, it's best to get your order in early. All checks are to be made out to "THE SUPPER CLUB."

Be certain your computer will accept emails from LLIST@juno.com or the flyer may go to spam. If you have not signed up for advanced ticket purchases, send your email to the address above and write "Supper Club" in the subject line. Don't miss this great show.



FREE POOL LESSONS

By Bob Horowitz

Ralph Rubin, Co-president of the Pool and Billiard Club and Tournament Director, is available for lessons from beginner to advanced.

Sign up in the Billiard Room. A signup sheet is available near the front entrance to the room. There is no cost for these lessons.





DONT BEA Safety Solutions

By Scotty Leamon

Public Safety Information Officer, Coconut Creek Police Department

Banks Believe In Customer Service, But Not This Much Customer Service

It nearly drove me insane!

Getting woke up some mornings at 4:00 AM from the loud commotion going on beneath my carport. Waking up to find trash strung all over my driveway and yard. To add insult to injury, they would sometimes even leave their droppings on my nice concrete path that led to my front door!

I'm talking raccoons! When I lived in the mountains of Virginia, they constantly pestered me until I was ready to pull my hair out! Now,

due to my age, I'm losing all my hair, but at least I'm doing it in sunny South Florida away from those Virginia raccoons!

We're having similar issues now with the pests that are scam artists, contacting perfectly innocent people and claiming to be representatives from their bank and then trying to scare you to death with tales that your account is compromised. Your bank would never, ever call you out of the blue for any reason. Let me say that again for emphasis: *Your bank would never, ever call you out of the blue for any reason*. The same could be said for the credit card companies. They would never do that either.

It's important to remember that if anybody calls you, emails you, or even knocks on your door claiming to be a representative from your bank, just hang up on them, delete the email, and if they do knock on your door, slam it in their faces and call the police. And yes, we have had a few reports of con artists knocking on doors and posing as bank representatives in order to obtain the information they need to steal identities. The era of the door-to-door salesperson is over, with one of the reasons being because nowadays, when someone knocks on your door trying to sell you something, the first you think is, "this must be some kind of scam."

If you receive any unsolicited contact with anyone claiming to be a representative from your bank, don't tell them anything and call the police. We're seeing a bit of an uptick in victims involving this type of fraud lately and we want to stop it before it becomes a lengthier trend. If you stop by your favorite branch, your banking representative can tell you how to receive legitimate notifications on what's going on with your account.

We don't want the bad guys getting comfortable in thinking that they can come here, to our neighborhoods, and succeed in these scams. Just like when I lived in the mountains of Virginia with those rascally raccoons, once I put the pet food away, and made sure they couldn't get in my garbage container, they eventually went away, and I didn't have any problems with raccoons anymore. Scam artists are the same way.

If we keep leaving your easy pickins' for them, they'll keep coming around.



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Wednesday Night Tournaments

By Bob Horowitz

Join us every Wednesday night at 6:00 PM. Tournaments are handicapped for all skill levels. All Residents are welcome! Enjoy AC comfort while having fun and meeting new friends!!

WEEKLY WINNERS



July 4, 2018: Linda came through the field undefeated with Norm a close second. We tried a new format tonight with a round-robin, so every player will play all other players and the one with most wins will be declared the winner.



July 18, 2018: Andre was the runaway winner of the 9-ball event with Bob and Rassool for second. With the new format, it is possible for a tie for win, place or show.



July 11, 2018: The new round-robin format was successful, with all players playing each other for one game. It starts at 6:00 PM, with a time limit to 8:30 PM. Players must be on the list by 6:00 PM as we start on time. Any games starting before 8:30 PM will be counted toward a players' score. The most games won will be the winner.



July 25, 2018: Tony won the most games while Linda, Eddie and Ralph tied for 2nd. It was a full field and competitive fun, with the emphasis on fun. Come down and join our Wednesday 9-ball party. You will like it. It starts at 6:00 PM and ends at 8:30 PM.

The first tournament (with a great turn-out) using the new format went well and everyone seemed to like it. We will tweak the handicapping system a bit to give everyone a chance to win.

The first tournament with new format was won by Ralph who has not played in previous Wednesday night 9-ball tournaments, due to being Tournament Director. Second was Bill, who played well. The tournament was directed by Tony.



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We welcome you to join us for Shabbat Services at 7:30 PM held twice a month at the Calvary Presbyterian Church

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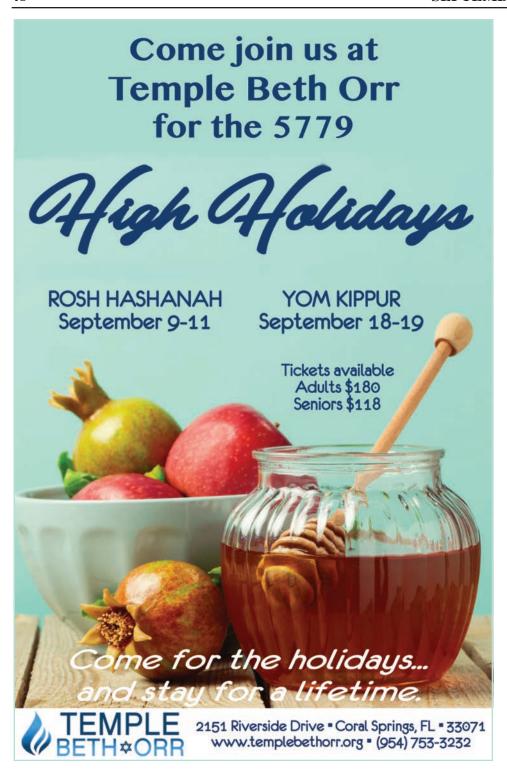


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Neighborly News

1705 Andros By Marilyn Stahl

Wonderful things are happenings for our residents these coming months. Our hands-on director Angela, and her mom Catherine, are embarking on a "Red Hats" cruise. Our building will surely miss Angela. "We better be good."

Ellen and Les Resnick are off on a cruise in the other direction: Alaska. Happy sailing to all.

Jane Pollin is off to Colorado for the birthday of her one-year old grandson, then to Maryland for her daughter's baby shower.

Bernie Horowitz and Marilyn Johnson had a visit with Bernie's son and family from Connecticut. They will be moving to Florida.

Catherine Papa, once again participated in a painting class. Her last piece of art is being adored on the library's third floor. She participated in a painting and cocktail party.

Of course, we continue to send our dear neighbor, Irving Neutzow continued good health.

As the Summer cones to a close, we find the Jewish holidays are with us. I would like to wish all those celebrating a healthy, happy New Year and I extend good health to all here in this wonderful place called Wynmoor.

1801 Eleuthera Point

By Susan Rosenfeld

Photo of Iguana submitted by Susan.



Be A Good Neighbor... Look Out For Each Other! IF YOU SEE SOMETHING – SAY SOMETHING!



The Property Appraiser's Office recently mailed over 775,000 TRIM Notices to Broward County property owners. These proposed notices show your 2018 property assessment, exemptions and proposed tax amounts. It is important to remember the Property Appraiser's Office does not set or collect taxes. We simply assess properties for tax purposes and grant tax-saving exemptions to qualified individuals.

If you have any questions regarding your property assessment or exemptions, please contact my office directly at the following numbers:

Tax-Saving Exemptions & General Questions: 954-357-6830

Residential Property: 954-357-6831

Condo, Co-op & Time-Share Property: 954-357-6832 Commercial Real Property/Duplexes: 954-357-6835 Tangible (Commercial) Personal Property: 954-357-6836 Agricultural Property: 954-357-7471 or 954-357-6822

Report Homestead Fraud: 954-357-6900

If you have questions or concerns about any of the tax rates or non-ad valorem fees, please contact the taxing authority listed on the TRIM Notice or attend one of their budget public hearings.

The absolute deadline to file an application for any 2018 exemption or

appealing your property assessment is September 18, 2018.

Value Adjustment Board:

The Value Adjustment Board (VAB) is an independent quasi-judicial review board. If you believe your property assessment is not what a buyer would have reasonably paid for your property on January 1, 2018, you should first contact our office. If, after speaking with one of our appraisers, you still do not agree, you can file an appeal with the Broward County Value Adjustment Board. If you were denied an exemption, you may also file an appeal with the Value Adjustment Board challenging this denial. The absolute filing deadline for Value Adjustment Board petitions is September 18, 2018. If you would like to file a petition online, please visit the VAB website at https://bcvab.broward.org/axiaweb2018

If you have any questions for the Value Adjustment Board, they can be reached at vab@broward.org or 954-357-7205. The VAB office is in the Governmental Center at 115 S. Andrews Avenue, Room #120, Fort Lauderdale, FL 33301.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at 954-357-6904 or by email at martykiar@bcpa.net

Life is 10 percent what happens to us and 90 percent how we respond to it.

- Albert M Wills, Jr.



HISTORY CORNER

By Phil Edwards

Dr. Uphaus: When Democracy Becomes Tyranny

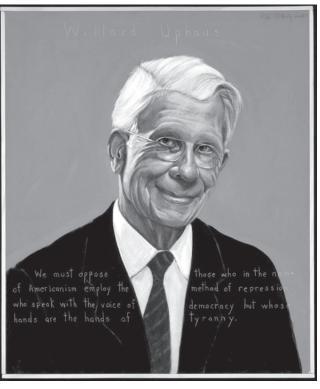
Besides being a pacifist at his core being, Dr. William Uphaus was a theologian, Methodist minister, professor, Director of the National Religion and Labor Foundation, Director of the World Fellowship Center that promoted peace in countries around the world, and was awarded the Gandhi Peace prize. In defense of democracy, he stood up to Congress. At the height of McCarthyism in the United States, Dr. Uphaus was ordered by the New Hampshire Attorney General in January of 1956 to turn over lists of all the attendees at the World Fellowship Center. He refused and eventually served a year in jail after numerous appeals.

Dr. Uphaus freely testified about all his actions and lectures he had given, but refused to give names of attendees or others who gave lectures at meetings or conferences around the world. In May, 1956, the House of Representatives in Washington DC subpoenaed Uphaus to appear before the House Committee on Un-American Activities. They

questioned him for hours about people he had met with in various countries to discuss peace initiatives and movements. The committee zeroed in on meetings he had with American citizens who Congress deemed as communists and his visit to Warsaw and Moscow. He shared freely all his actions, conversations and lectures, but refused to name others as a result of the blacklisting of U.S. citizens being orchestrated by these congressional hearings.

The House Committee on Un-American Activities would not allow Dr. Uphaus to make a public statement, but did allow his written statement to be entered into the official records when his interview concluded. However, this privilege was denied to many others. What follows is the third part of his statement that gives insight and caution to any democratic country. *My Witness* by Willard Uphaus

3. I hold that, as a Christian, I have the right to choose whatever associates I desire, as long as the choices and associations are for the



purpose of bringing peace and the abundant life to all people, or for the purpose of performing socially redemptive acts. I have for years worked with persons of any race, faith, nationality, or political conviction. Peace must be won through the free associations of those who have differences to resolve. It is the responsibility of the individual citizens to cross barriers of the mind and of geography, as well as it is the responsibility of the official representatives of governments.

The present practice, in and out of government, of exposing people or trying to repress and frighten them is both undemocratic and un-Christian. It violates the sacredness of the individual personality and poisons social and international relations. The Methodist Church is clear in its teaching on guilt by association. It condemns the techniques of "social rejection, calling names, demands of 'loyalty oaths,' denial of employment, irresponsible accusations and assertion of 'guilt

by association."

"In any of these cases," the teaching declares, "the results are false and inadequate information, degradation of the human mind, and shackling of the human spirit. In such an atmosphere suspicion becomes fear, fear becomes hatred, and hatred becomes war. Our role is not to suppress ideas, but to open channels of communication so that men can come to know the thoughts of their neighbors, and so that the best thoughts of all can come to be possessions of all humankind.

The Universal Declaration of Human Rights is in accord with it says that "Everyone has the right to freedom of thought, conscience and religion... this right includes freedom to hold opinions without interference and to seek, receive, and impart information and ideas through any media and regardless of frontiers."

Uphaus's statement highlights the essence of true democracy. Democracy is for everyone or it is **TYRANNY**.

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.

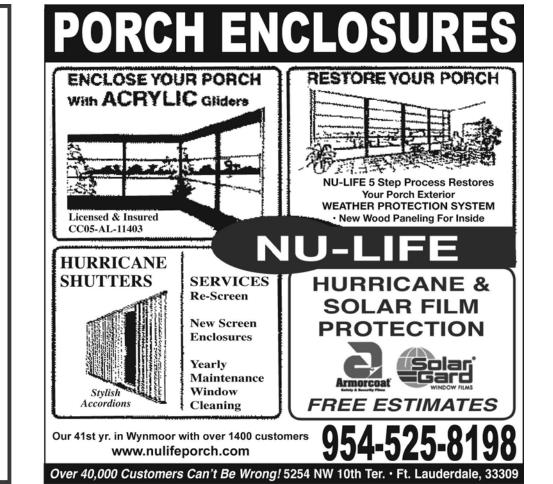
-- Winston Churchill

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Greens Ready To Play

By JB Branstrom, Golf Course Superintendent

We have been very busy on the Wynmoor golf course this Summer. The new greens opened July 16th, so now Wynmoor has a complete set of Platinum paspalum greens, and they are gorgeous. We also renovated the tees on holes 5, 9, 10, and 15 with Platinum sod. A new tee on hole #1 was built, which adds 23 yards to the length of the hole.

Also, two new cart paths on holes 2 and 15, as well as 19 areas on the existing cart paths were paved with asphalt in June. Finally, with all this new work completed, we can do some normal maintenance on the course ... aerifying, verticutting, weed control, topdressing, etc. This will keep us busy for the rest of the Summer and Fall. Come out and play!



New 8th green



New 13th green



15th green twelve weeks old



15th green one week after planting



New cart path going to the white and blue tees on 15

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WYNMOOR REFERENCES AVAILABLE

Clubs and Activities

ALL Wynmoor Clubs, regardless of name, are open to ALL Wynmoor residents. Dues may be applicable.

All Year Round Club

By Fay Mayer

Time marches on and the hurricane season is now in full bloom. Every day is a surprise but the All Year Round Club always manages to come up with ideas with activities to keep us busy.

Why not join us at 10:00 AM on the 2nd Sunday of the month at the Grand Ballroom and see what we are all about.

In September, however, there will be no meeting on September 9th because of the Jewish Holidays. We wish everyone who celebrates this holiday, a happy and healthy New Year.

If you are interested in our club or have any questions, please call me at 954-972-6748.

Billiard & Pool Club

By Bob Horowitz



Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events have included: Karaoke Night, Comedy Club Night, group BBQ, Club Pool & Billiard tournaments, and other social events.

Join us Wednesday nights starting at 6:00 PM for our Wynmoor Pool Tournament. This is open to all

levels of players, from beginners to advanced.

For information about the Pool and Billiard Club, to join our e-mail list or to sign up for an event or meeting, email WynmoorPoolClub@gmail.com or come into the room and look for event sign-up sheets or ask for Co-Presidents, Ralph Rubin or Bill Brunie or Vice President, Bob Horowitz.

You can also join our Facebook page, "Wynmoor Poolclub."

Free Pool Lessons: Put your name on the pool lesson sign-up sheet in Pool Room or email us to schedule free Pool Lessons.

Wynmoor Pool & Billiard Room: All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room, located in the Wynmoor Country Club building next to the library. With boasting 14 tournament grade regulation size pool tables, 4 heated billiard tables and one regulation snooker table, this club has been called, "the best Pool, Billiard, and Snooker venue, public or private, in all South Florida."

Players of all skill levels are welcome. The room is open 7 days a week from 8:00 AM to 12:00 Noon. Use of the room and tables is free to all residents.

* Free for residents. Guests must register and pay guest fee.

Bridge Club By Marilyn Johnson



Still time to play some good bridge before the season starts If you have thought about joining us, now is still a good time. We play sanctioned games on Mondays and Wednesdays at 6:30 PM in the West Wing and on Fridays and Saturdays at 1:00 PM in the East Wing. We play social duplicate games on Tuesday at 12:30 PM in the East Wing

and Fridays at 12:30 PM in the West Wing. Congratulations to Charlotte Salmansohn and Dorothy Flood for winning the Club Championship on Wednesday night, July 11th and to Lynn List and Nancy Starr for winning the Friday Afternoon Open Championship on July 20th.

Upcoming events: there will be a Monday Night Club Championship on September 17th. Our "Birthday Game" will be played on September 28th.

Wynmoor Bridge lost a good friend, mentor, and teacher when it lost Penny Levin recently. We will miss her. Thank you, Penny.

Circle Club

By Judy Henry

Please join us for a traditional (and yummy!) "BREAK THE FAST" meal on Wednesday, September 19th at 6:30 PM in the West Wing. Everyone is welcome: members and non-members.

Our menu includes platters of whole whitefish, sable, baked salmon, nova, tuna salad, egg salad, bagels, cream cheese, tomatoes, olives, onions, and MORE! Dessert includes pastries, as well as sugar free options, tea, and

The cost is \$30 per person and you may reserve a table for your family and friends. Please make your reservation ASAP by September 5, 2018. For more information, contact Judy Henry at 954-971-4748.

Conservative Club of Wynmoor

By Andrea Joy Frankel-Bellitto



The Conservative Club of Wynmoor would like to welcome you to meet some of winners of our primaries. Plus, our meeting falls on 9/11. I was in NY at the time and remember it all too well. We should never forget. I invite anyone who was there to share a little something with us. We will always be grateful to our 1st responders who gave their lives and thank God for the ones who

survived that horrendous day.

Our meeting is Tuesday, September 11th at 7:30 PM in the Wynmoor Clubhouse. All are welcome. Please bring a friend. Guests are \$2.

Current Events Club

By Daisy Sheridan



Won't you come to our weekly meetings where we discuss current events, local, state-wide, National as

well as Inter-National. We meet every Tuesday morning from 11:00 AM until 12:00 Noon. We meet in the Multi-Purpose Room which is located near the entrance to the main pool. If you wish, you may stay a little longer to chat with old and new friends.

There is never a charge and our meetings are always most interesting and stimulating. All Wynmoor residents and their guests are most welcome. See you next Tuesday!

Democratic Club

By Margaret Wishnow

Congratulations to all winners in the August primaries!

Wynmoor Democratic Club will hold its monthly meeting on Tuesday, September 4, 2018 in the Main Ballroom. Doors will open at 1:30 PM and the meeting will begin at 2:00 PM.

Guest speaker, Carol Smith, from the "League of Women Voters," will be speaking on the amendments on the ballot. She will try to educate you so you will be able to make a knowledgeable decision when you vote. A representative from Dr. B. Snipes' Office will be our other speaker. He will also be handing out absentee ballots and collecting them.

Save the Date: Sunday, October 7, 2018:

Wynmoor Democratic Club will be holding its Annual fundraiser. It will be a luncheon honoring outstanding US Representative, Ted Deutch. The cost is \$35. Doors will open at 12:15 PM. Lunch will begin at 12:30 PM. There will be guest speakers and dignitaries to honor Congressman Deutch. Please join us. Reservations must be in by September 21st. To make a reservation, please call Lois Stermer at 954-247-9633. Or you can send a check for \$35 to 3001 Aruba Way 2E.

See you at our September meeting. Bring a friend! Refreshments will be served.

Fun With Friends

By Lou Kravitz



The Summer is coming to an end and our first dance will be October 21st with a Halloween theme. Other dates to put on your calendar are November 18th and December 16, 2018. We have lined up great bands, so get your dancing shoes ready! Hope everyone had a healthy and fun-filled Summer. Looking forward to seeing everyone October 21st, either in costumes or not.

Karaoke Club By Robin Thompson

Please Join us Wednesday, September 26th in Grand Ballroom A at 7:00 PM. We are not just a Karaoke Club. In between rounds, Bob Boudreau will entertain you with his keyboard/vocals for your listening and dancing pleasure. You may also bring snacks and refreshments. So, come enjoy performing, dancing, or just listening. We have over 29,000 songs and a Professional PA System with 4 Wireless Microphones.

If you would like to sing, you are required to text or email up to 3 song titles with the artist's name to Bob at 954-336-6687 or email him: bob@imsarm. com any day prior up until 3:00 PM the day of.

Singers, please check in with Robin so I can put you in the rotation. Residents must show Wynmoor ID. Admission is \$1 per person. There is no yearly membership fee. We look forward to seeing you there!

Clubs and Activities

Latin Women's Club

By Minerva Nazario



The Latin Women's Club will celebrate its 7th Anniversary Party and Hispanic Heritage Month on Friday, September 21, 2018, from 7:00 PM - 11:00 PM in Wynmoor Ballrooms A/B. The entrance fee is \$20 pp. A Latin Buffet Dinner with all its trimmings will be served. Enjoy music by Mike Rapposelli. Tickets are still available. For tickets and information, call Ms. Minerva Nazario at 954-532-3156 or Ms. Stella

Schilling at 954-973-2195.

The Latin Women's Club meets the last Tuesday of each month from 2:00 PM - 4:00 PM at Classroom 4 in the East Wing. This month, our meeting will be on September 25, 2018. Our dues are \$15 per year. Refreshments are always served. All our meetings are held in Spanish.

For those celebrating a birthday or anniversary, we wish you good health, peace and love, and many more years to celebrate. We wish our members and neighbors a joyful and Happy High Holidays. Shana Tova.

If you're interested in learning functional conversational Spanish for free or want more information about the club, please call Ms. Minerva Nazario at 954-532-3156.

Live Love Laugh Moor

By Charles Lindquist

On September 19th, we will hold our Annual "Break the Fast" in the Ballroom. Tickets are \$25 per person. This event is open to everyone. Reservations are required.

We will continue with our "Friday Night at the Movies" on the 2nd and 4th Friday of the month. Movies are shown at the Country Club Lecture Hall at 7:00 PM. Coffee and tea will follow the movie. Everyone is welcome.

Check out our terrific 10-night cruise to Panama on the Caribbean Princess on December 9th. Flyers are at the Country Club.

We are also having a 7-night cruise on the Harmony of the Seas on February 10th to the Western Caribbean. Our cruise packages include port charges, taxes and transportation to and from the port. For more information, call 954-746-0066.

Monday Night Dance And Social Club By Tamara T

Welcome back! The Monday Night Dance and Social Club opens its door to old and *new* members on Monday September 24th, 7:00 PM - 9:00 PM.

We hope everybody had a great Summer and are ready to mix and mingle. We will be having some delicious welcome back ice cream and great music to dance to. In the coming weeks, we are adding a new feature to our club. We will be offering dance classes from 6:30 PM - 7:00 PM. Come learn some line dances in October and then in November, learn some basic steps in Cha-Cha, Swing, Rhumba, Salsa and Waltz. Tell you friends to join us in

Country Club Ballroom A. Be aware, we have changed our entry fee. It will be \$1 for members and \$1.50 for non-members. If you want to join, membership dues are still only \$5 for the year.

Nature and Arts Club

By Bonnie Summer

Our first meeting will be on Thursday, October 4th at 9:00 AM in Ballroom C. Beat the rush and send in your membership dues of \$15 to Bonnie Summer, 1601 Abaco Drive, Apt. K4, Coconut Creek, FL. 33066. No Canadian checks are accepted. If you pay early, you will not have to stand in a long line.

Your Executive Board has been working very hard this Summer. There was an error last month in the newsletter. **NO**, we are not going to the zoo, but we are going to visit a TREE zoo. Here is a sample of what we are planning: Wiener Museum, Frost Science Museum, Fairchild Gardens, Frost Art Museum, Gumbo Limbo, a sculpture garden plus more. So please send your membership in and be a part of the Nature and Art Club.

Needlework Click

By Barbara Bilello

Our meetings for the month of September will be the 11th and 25th, the 2nd and 4th Tuesdays, from 1:00 PM - 4:00 PM in the West Wing. We serve coffee, tea and snacks. We are a very friendly, happy group and everyone is invited. We have knitters, needle pointers and chatters. If you're new to Wynmoor and are looking to make new friends, come and check us out.

If you know anyone that has yarn that they don't need anymore, we are happy to take it off their hands, just call Barbara at 754-222-6375. Remember, we donate many different items that we make to various charities in the area. Hope to see you all at our next meeting.

Pennsylvania Club

By Marilynn Stoloff

The Pennsylvania Club has met each month as a Supper Club. We completed a survey of favorite restaurants by category. It has been fun to see the fulltimers and enjoy a variety of meals and stories. Sadly, our President, Gloria, fell in June, injured herself, and required inpatient rehab. She is home now and was able to attend our last restaurant at "J. Mark's." The holidays will return with our seasonal members and will be here before you know it. Keep looking in the Insider for our upcoming events.

Pickleball Club

By Sandra Cohen



It's been a fun Summer for the Pickleball Club. Players are active on the courts from early morning and throughout the day. Our members have even begun to schedule games in the evening on Tuesdays, Thursdays and Sundays from 6:00 PM till dark, when the weather is a bit cooler.

Our other activities have also continued. We had a great wine and cheese party in July and a Labor Day Barbecue is planned for this month.

If you're interested, it's easy to learn to play the game. Join us any Sunday morning at the Pickleball courts for *free* lessons from 9:00 AM - 10:30 AM. We supply racquets and balls for the lessons, so you can see if you enjoy the sport before you need to buy equipment. We look forward to seeing you soon.

Queens Club

By Ruth Weinstein

Start the Fall season with the Queens Club's first meeting on October 7th at 10:00 AM in West Wing II. Breakfast and entertainment will be by the International singer, Grace Azar.

Also, tickets are available on September 16th to see "La Cage aux Folles" at the new Stage Door Theatre on 441 and Sunrise Blvd. To order reserved seats, call Ruth at 954-975-0515.

Tennis Club

By Shelly Propper



In September, the Tennis courts are starting to get busier as more Snowbirds return to Wynmoor. During the Summer, Wynmoor renovated some of our courts and they look like new.

Morning Tennis has round robin players on courts 1, 2, 3 and 4 at 8:00 AM on Mondays, Wednesdays and Fridays.

On Tuesdays, Thursdays and Saturdays at 8:00 AM, the players are on courts 3 and 4. The other courts are available for singles or doubles play.

This September, as usual, Jo Ann Perreault and Dennis Levans, who run Night Tennis, will not be charging \$1 (which is used toward the purchase of new balls) on Monday and Tuesday evenings for the entire month. Thursdays are always free.

The round robin format uses courts 1 - 4 and 9 and 10, if needed, from 6:00 PM - 8:00 PM. The first half hour is used as a warm-up time.

Additional activities for Tennis Club members are posted on the boards at the courts. These include Beginner Wednesdays, Master's Tennis, Cardio Tennis and lessons. Check the boards or with Bob Long for additional information about all these events.

Wynmoor Hadassah

By Toby Gordon



The Summer is almost over and all of our friends are returning from the "country." Time to renew old friendships and start new ones. It is also time to return to our Hadassah meetings. They are held the first Wednesday of the month in the West Wing. We gather at 12:00 Noon, have a snack, schmooze with friends and start our meet-

ing promptly at 12:30 PM. Our meetings are open to anyone who wishes to attend. Hope to see you there!

The first meeting of the "season" is October 3rd and Stacey Honowitz will be the speaker. She will speak about sexual assault and child abuse. Upcoming

Continued on page 54

Clubs and Activities

programs include Jewish humor, wine and cheese with a movie and discussion to follow, and a book review, just to mention a few.

Another Card Party is planned for November 18th, so start to get your tables together. For further information or reservations, please contact Natalie Gorelick at 954-984-1673 for details. Don't forget, your box lunch is \$15.

Reminder: Please support Hadassah by purchasing certificates from Bernice Riback. She can be reached at 954-984-1703. Trees for any occasion may be purchased through Beverly Alexander. She may be reached at 954-969-1701. Beautiful cards for any occasion may be obtained through Dotty Pekus who may be reached at 954-973-9050. Your support is greatly appreciated!

Wynmoor Rebels Bowling League

By Les Resnick



WELL IT'S TIME. Bowling Season is finally here. Stop thinking about it and come bowl with us and get some exercise. We will start bowling again Monday, September 17th at 10:00 AM at Sawgrass Lanes on University Drive in Tamarac. For the first day, we will meet at 9:30 AM. We would like you to

join us. We'll need your contact information to form teams. We have bowlers of all ages, with averages from 60 to 160. All are welcome. We use a 100% handicap system that makes all bowlers equal.

Call me if you want to join us, would like an explanation of our handicapping system or any other questions. We'll be bowling each Monday at 10:00 AM for 32 weeks. We end a little after 12:00 Noon.

For more information, please call Les Resnick at 954-366-5352 or Iresnick@yahoo.com or Angela Hirshenson at 954-917-6961 or angelamartin810@bellsouth.net

Join a Club - Make New Friends There is Something for Everyone!

Canasta Tournament By Ann Elkin

Players wanted! Please come and spend a beautiful morning and afternoon playing Canasta. Meet lovely ladies and win money also! We meet every Thursday morning at 10:00 AM in the East Wing. Entrance fee is \$5 to play. For more info, call Ann Elkin at 954-978-0911.



NEW CLUB INTEREST? ATTENTION: WOMEN

Single, widowed or divorced to be known as LADY SWORDS. Let's get together for dinner, talk, or the theater. If you are interested, please email Alicia J. Berger at: ajb7332@gmail.com

What's Happening

News From Temple Beth-Am By Toby Gordon

The High Holidays are around the corner! It is a time for forgiveness, introspection, getting together with family and friends and extending good wishes to all that we know. It is also a time to start deciding what we want to do with our "spare" time during the coming season. Sisterhood, Men's Club, and the Temple offer a wide variety of activities. From fun nights or afternoons to serious learning.

On September 26th, at 7:00 PM, the Sisterhood will be hosting their Annual Sukkah Sizzle. Please join us for wine and cheese in the Sukkah.

Men's Club is planning another night at the Escape Room on November 8th. Further information to follow. In January, they will host a "Beatles Tribute Night." Plan to join them to listen to all your favorite Beatles tunes.

Don't forget that you can still purchase tickets to join our congregational family for the High Holiday Services. Our Temple family looks forward to seeing you at our many activities during the year. If you have any questions, our Temple office personnel are always available to help you. Please call 954-968-4545 or, if you wish, visit our web-site at www.beth-am.org for a complete list of our activities.

OUTSIDE FIELD TRIPS

Sawgrass Mills Mall

Wednesday, September 5th

Come beat the heat. Shop, Eat, Walk or Catch a movie. Leave the driving to us. We will depart Tract 1000 at 10:00 AM. Cost: \$10 Register Now.

> **** **Gulfstream Park and Casino** Monday, September 17th

Receive \$15.00 Free Play and \$5.00 Meal Voucher. We will depart Tract 1000 at 10:00 AM. Cost: \$10 Register Now.

> **** **Boca Art Museum/Mizner Park** Wednesday, October 10th

Dine and shop on your own first at Mizner Park followed by a docent-led tour at 1:00 PM of Nomadic Murals: Contemporary Tapestries and Carpets. The bus will depart Tract 1000 at 10:30 AM. Cost: \$26 Register Now.

WELCOME MCK

Wynmoor welcomes Mobile Culinary Kitchen (MCK). MCK food is a new American flavor with a Latin flair. Rich, bold, flavors from across the continent collide for an exquisite culinary experience. Quality ingredients, well prepared and deliciously composed into unique offerings that will leave you craving more. The crew strives to bring you warm and hospitable service as well as the best quality ingredients and food available.





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Friday, October 26th from 7-10 PM in Grand Ballroom.

Price: \$10

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Reserve Tickets. Two per household. Info: 954-97/8-2600, press 1. Register in Recreation.

Dress to impress! Costume Contest with prizes.
You could be a winner!!
Sweet treats and light refreshments. BYOB.
Reserved tickets. Two tickets per household.
Additional tickets must be purchased by another resident.



Submitted by Proud Parents, Pat Potenza and Jack Potenza, Written By Rebecca Markley

Lisa Potenza Valencia '90 was convinced that her two daughters, ages 18 and 21, would want to go into engineering fields. After all, Valencia, a NASA engineer, and project manager at Kennedy Space Center (KSC) on Florida's Space Coast, and her husband are both engineers and exposed the girls to engineering early on.

"They're both pre-med...can you believe that?" She is still somewhat bewildered at the fact. I told them, "you have two engineer parents and we need more women in engineering!" But, they both still went pre-med.

Valencia wasn't giving up on inspiring the next generation of women engineers just yet. She currently does outreach on behalf of NASA, visiting schools and exposing younger girls, grades fourth through eighth, to different areas of engineering through fun activities. Last week's project was making a rover vehicle out of pasta and competing to see whose could go the farthest.

"My uncle, a mechanical engineer, who worked for Grumman on the thermal design and test of the Lunar Excursion Module, was my first mentor and helped shape my career, so I now try to mentor others," she says. "I have five interns at NASA and I love exposing students to different areas within electrical engineering. The more opportunities to see what engineers can do, the more it helps them see what they want to do."

Her mentees are fortunate, as Valencia's impressive career has afforded her the chance to work on a variety of exciting and important projects. One standout was the Solar and Heliospheric Observatory (SOHO), a cooperative effort between the European Space Agency and NASA to study the sun, launched in 1995 and still obtaining images of the sun today.

Valencia, who was working at Goddard Space Flight Center in Greenbelt, Maryland, at the time, was part of a team that designed the data processing system to process SOHO data via the Deep Space Network that is managed by the Jet Propulsion Laboratory, a NASA facility managed by California Institute of Technology. She eventually transferred to KSC and, having completed her processing responsibilities, was assigned to the SOHO launch team as a launch site support manager.

"As soon as we knew the communication systems

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were good at liftoff, we were able to run outside and watch the launch. We must have had more than a hundred engineers who had worked on the project there to see the launch, many of them Europeans who came over," she remembers. "To work both ends, the design and launch operations, was pretty cool."

She's currently working on the Autonomous Flight Termination System (AFTS), which is a system that tracks a rocket's position, orientation, and velocity. If the un-crewed rocket goes off course, potentially endangering the public, the AFTS issues a command to terminate the flight, either by blowing up the rocket or shutting off the fuel so that it falls into the ocean. Valencia manages the project in a variety of ways, spending some days in the labs overseeing testing and some days in meeting after meeting.

"Today I was talking about budget with the Department of Defense, our partnership with SpaceX, and our upcoming AFTS test flight on the Rocket Lab Electron launch vehicle," she says, explaining that several private companies use the AFTS software with their own proprietary hardware and others are planning to use NASA's AFTS hardware and software design as is. "A SpaceX engineer is actually in our lab right now."

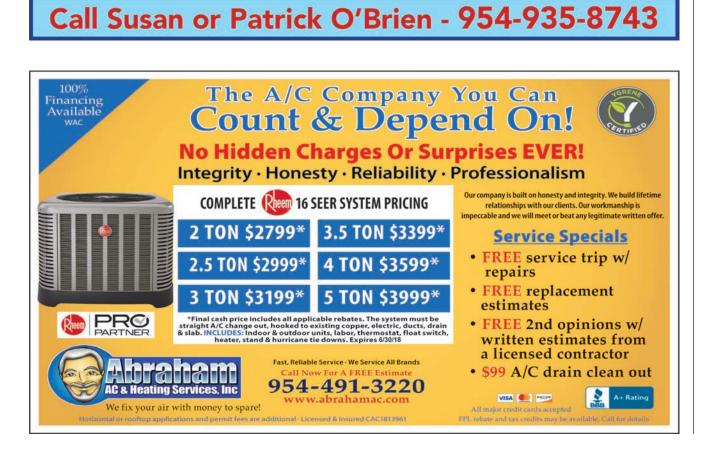
The SpaceX partnership is one of many for the AFTS team, a development Valencia appreciates. She credits her time at Stevens with teaching her

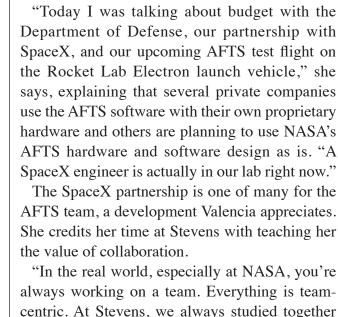
always working on a team. Everything is teamcentric. At Stevens, we always studied together and helped each other out. Taking 19 or 20 credits each semester was tough, so we had to depend on each other and work together," she says. "You're always more successful working as part of a team and, honestly, it's a lot more fun."

The 15-foot weather satellite is now rotating 253 miles above Earth, tracking rain and snow from the Arctic to Antarctica, and from every corner of the globe.

The Global Precipitation Measurement Core Observatory (GPM for short) is not your "ordinary" satellite but the largest spacecraft ever built at NASA's Goddard Space Flight Center, observing a wide range of weather events from space: hurricanes, cyclones, rain storms and falling snow. Its mission: to improve weather forecasting and tracking of extreme weather events, better monitoring of freshwater resources and better crop forecasting. In short, to greatly benefit society.

Taken from The Stevens Indicator Magazine









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Puzzles and Sames

Solutions from page 30

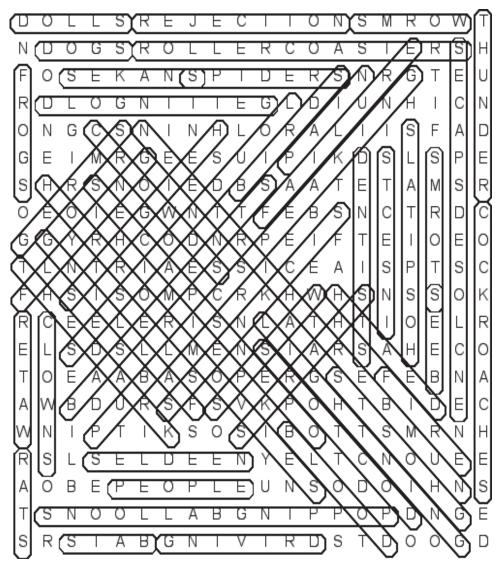
Crossword Puzzle

G Ε S S R О Ε S Н Μ Ε U Ν D D Ε R S Μ D M S S R S G Ε S Ρ R W G R Ε D Ν Ε D R Ν Ε Ε S R Μ Μ

Sudoku

8	1	7	4	6	9	3	5	2
2	6	9	5	3	7	8	1	4
3	5	4	8	1	2	7	6	9
4	7	8	3	9	6	1	2	5
9	2	1	7	4	5	6	8	3
6	3	5	1	2	8	4	9	7
1	9	2	6	7	4	5	3	8
7	8	6	9	5	3	2	4	1
5	4	3	2	8	1	9	7	6

Fears and Fobias



Find and circle all of the words that are hidden in the grid. The remaining letters spell an activity played on Halloween.

The hidden message is: NOTHING IN LIFE IS TO BE FEARED, IT IS ONLY TO BE UNDERSTOOD.



Our Snowbirds will soon be back! We wish them safe travels home!

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Dishwasher	Included	V
Garbage Disposal (up to 1/2hp)	Included	V
Water Heater (up to 50gal)	Included	V
Plumbing & Electric (3 bath max)		V
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